

THINGS CHEFS SAY: 18 SECRETS FROM THE KITCHEN

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The kitchen speaks its own language, much of which wouldn't be allowed on network television or on the webpages of very good-looking men's Internet publications. But amid the cursing, trash-talking, and more cursing, there lie pearls of kitchen wisdom implemented by chefs to educate, motivate, and gently berate their motley crews.

We asked a group of distinguished chefs and restaurateurs to share the maxims that they use most in their kitchens. Read on for a crash course in making things once, the dangers of ripeness, and going to hell. ❄️



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"If it's brown, it's done. If it's black, you're done."

Daniel Holzman, [The Meatball Shop](#) (New York NY)