## EACH NAAMFLEXOLOGY SESSION INCLUDES

a relaxing and detoxifying foot soak while listening to healing sound vibrations. What follows is a series of physical and energetic techniques applied to specific areas of the top of the feet, soles, toes and ankles.

## Naamflexology®

**HEALING THROUGH THE FEET** 

## LEARN NAAMFLEXOLOGY!

This course includes two days of in person instruction in addition to video instruction that you can utilize at home. Naamflexology curriculum includes:

- The Naamflexology foot massage techniques
- Biomechanics of the feet
- Brain mapping
- Gravity and electricity, the relationship between the feet and earth
- Esoteric wisdom of Naamflexology
- How to be a catalyst for spiritual evolution in clients while they are resting
- A spiritual background on the meaning of the feet, their relationship to the nervous system, brain, organs, blood flow, acupuncture channels and the electromagnetic field
- The healing power behind foot bath
- Protecting and cleaning your energy as a practitioner
- Variations in the feet
- Much more

## NAAM YOGA°

- CERTIFICATION COURSE -

September 23—24, 2017 Santa Monica - CA -



A unique combination of science, vibration and ancient spiritual wisdom, applied to the feet.

For more information please call (917) 750-7137 edu.naamyoga.com/p/naamflexology