



*Use these questions to help you reflect on your Unhurried Time with God. You may use them alone as a journal prompt or you may use them with a small group.*

- How did you sense God's presence, hear His word or sense direction from Him?
- Since you've practiced this discipline before, what was similar in this experience to past ones? What was different?
- Is there any invitation you sense from the Lord as you go on from this time and place? A next step to take with Him?
- In what way, if any, are you drawn to develop solitude and silence as a regular rhythm in your life and ministry?