# SQUASH AUSTRALIA ANTI-DOPING EDUCATION PLAN

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#### Overview

This document provides a simple overview of what steps will be taken by Squash Australia and ASADA to educate athletes about their anti-doping rights and responsibilities.

ASADA is tasked to support, encourage, develop and implement initiatives that increase the skills and knowledge of people involved in sporting activities about anti-doping matters.

Squash Australia is the peak body for the sport of Squash in Australia. As such, they are best placed and have responsibility for ensuring all of their athletes are educated on anti-doping matters.

By working together, Squash Australia and ASADA aim to ensure all members, particularly those in the high performance pathway, have access to consistently high quality anti-doping education.

# Squash Australia Anti-Doping Education Plan

Taking into consideration the structure of the sport, staffing resources available, and the support and services provided by ASADA, Squash Australia plans to undertake the following activities in order to educate its members about anti-doping issues:

Audience	Activity	Target
National Senior Teams	ASADA eLearning: mandate all members (including support	100% of members
(open and u19 groups)	personnel) of any team representing Australia to complete level 1 and 2 online certification before departure.	hold current level 2 certificates.
	Individual interface: When needed, Squash Australia will follow up providing specific information or upskilling to individual athletes	
National Junior Teams	ASADA eLearning: all athletes and attending private coaches	100% of members
(age 15 and over)	selected to a training squad (for example the u/17 squad), will complete level 1 online in the first year and level 2 in the second year (onward).	hold level 1 certificates.
	Optional	
	Face to face: Ethical Decision Making Session ASADA can provide a face to face session free of charge aimed at building on the knowledge gained online.	U17 group
State Programs	ASADA eLearning: All state programs and underpinning squads	100% State Program
(athletes and development squads age 15 and over)	will be requested to complete minimum level 1 certification.  This will be a mandatory requirement for members of State  Programs.	members hold level 1 certificate.

Staff and Board Members	ASADA eLearning: mandate all staff members and current board members to have completed both level 1 and 2 online	100% of staff and Board members hold level 2 certificates.
National Event Participants	Squash Australia will ensure that all entrants in any national level event are aware of the possibility of doping control being conducted, and will ensure sufficient information is available to competitors on their rights and responsibilities. Offer educational opportunities as an option for athletes and support personnel to attend.	
Sport Specific Resources	Squash Australia continues to look for opportunities to create sport specific resources (either alone, or in conjunction with ASADA) – in order to achieve the best possible education and awareness outcomes.	

#### **ASADA's Commitment**

#### ASADA will:

- Partner with Squash Australia to develop an anti-doping education program that meets their needs.
- Design, develop and provide accessible anti-doping education solutions.
- Ensure that the content is correct and adequate as well as provide reports and verification of participation.
- Develop or fund development of e-learning, to ensure consistency.
- Report on the progress of athletes in the online learning system.

## Evaluation and reporting

ASADA will report back to Squash Australia as requested regarding the number of members from their sport using the ASADA eLearning system.

Squash Australia commits to ensure that records of attendance at any workshops or presentations conducted by the sport will be collected and forwarded to ASADA for filing.

ASADA and Squash Australia will discuss annually the education conducted in the previous twelve months, identifying areas for improvement and re-planning for the next year.

Squash Australia will assist ASADA's monitoring of the satisfaction and effectiveness of education programs by responding to ASADA's annual stakeholder survey as well as encouraging their athletes and members to do the same.

## **Education Resources**

Following is a list of education products and services which are available free of charge (Government Funded) to Squash Australia. The list is non-exhaustive and will be regularly updated as new services become available.

Resource Summary

ASADA eLearning	ASADA's eLearning system designed to provide participants with the opportunity to learn about core anti-doping topics. Athletes and support personnel can access a range of training courses and tests.
Train the Trainer workshop	ASADA will be implementing train the trainer workshops suitable for those wishing to facilitate anti-doping sessions in their sport. Invitations will be sent to NSO's when sessions are being planned.
Social Media	Aside from the ASADA website ( <a href="www.asada.gov.au">www.asada.gov.au</a> ) which provides core anti-doping information, athletes and other interested parties can stay up-to-date with anti-doping issues via ASADA's twitter and facebook pages.
Trade Stands	A highly visible education booth including anti-doping quizzes and prize giveaways. Most appropriate for large mass participation events and organised on application to ASADA.
Communication tools	A number of tools are available for NSO's to promote anti-doping including buttons/links for websites and print ready ads for publication.

## ASADA's representative and contact details

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