## Perris Union High School District 2018/2019 FALL LUNCH MENU MIDDLE SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Big Beef & Bean Burrito	Bosco Cheese Stick with Marinara Sauce	BBQ Cheeseburger	Orange Chicken Bowl	Rib B Que Sandwich
Spicy Chicken Sandwich	Cheeseburger	Spicy Chicken Sandwich	Cheeseburger	Spicy Chicken Sandwich
Pizza, Variety	Pizza, Variety	Pizza, Variety	Pizza, Variety	Pizza, Variety
Uncrustable	Corn Dog	Grilled Bean & Cheese Burrito	Corn Dog	Uncrustable
Turkey & Cheese Sub	Yogurt Parfait W/Fruit & Granola	Turkey & Cheese Sub	Yogurt Parfait W/Fruit & Granola	Turkey & Cheese Sub
Bear Cookie	Bear Cookie	Bear Cookie	Bear Cookie	Bear Cookie
Peach Cups	Grapes	Apples	Craisins	Strawberry Cups
Plums	Nectarines	Raisins	Local Fruit Choice	Blueberry Yogurt Cup
Green Beans	Grape Tomatoes	Cucumbers	Celery Sticks	Baby Carrots, Variety
Baby Carrots, Variety	Broccoli	Baby Carrots	Corn	Spicy Pinto Beans Refried Bean Cup
	Lett, Tom, & Pickle	Lett, Tom, & Pickle	Lett, Tom, & Pickle	

Students must take a ½ cup fruit or vegetable with each lunch. Menus may vary and are subject to change. All entree products are whole grain. This institution is an equal opportunity provider and employer