

Session One: What is Deliverance?

Most Common Questions about Deliverance

Understanding the basics of deliverance will dramatically shift and transform your life. You will be empowered to know how to exercise your authority in Christ. In our first session with Kynan, he will answer the most common questions about deliverance.

1. What is deliverance? What does it mean to be delivered?

The word “deliverance” comes from the Greek word *sozo*, and is the same word used for salvation.

Romans 10:8-10 *But what saith it? The word is nigh thee, even in thy mouth, and in thy heart: that is, the word of faith, which we preach; that if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.*

Sozo carries with it the strong implication of complete salvation: healing, deliverance, and restoration. It is an all – encompassing word.

When you come to Yeshua in faith and repentance, you receive the miracle of salvation and receive deliverance.

2. From what are we delivered?

You are delivered from the inheritance of sin.

The original man, Adam, ate the fruit of sin (**Genesis 3:6**) and he and his wife, Eve, became ostracized from God’s presence (**Genesis 3:23-24**). Every person is born into sin with a sinful nature. We are born with a tendency to rebel against

- a. God’s word
- b. God’s authority
- c. God’s sovereignty

What is the cure for this curse of sin? Salvation through Jesus (**Romans 10:9**).

1 John 3:9 *Whosoever is born of God doth not commit sin; for his seed remaineth in him: and he cannot sin, because he is born of God.*

What does this mean? It means that we don’t practice sin, we no longer have a lifestyle of sin, and we no longer have a sinful nature. Our spirits have been born again.

John 3:3 *Jesus answered and said unto him, "Verily, verily, I say unto thee, except a man be born again, he cannot see the kingdom of God."*

To be born again is to be born of the Spirit and to be given a brand-new nature. This is the first level of deliverance --- to be saved from the inheritance of sin.

Deliverance is all-encompassing. It is both instant and progressive. We are delivered from the inheritance of sin at the moment of salvation, but we are also *being delivered* through the work of sanctification and mind renewal. Even though you are born again, there are areas in your life and in your soul that are not regenerated. Those areas create a need for greater deliverance as we grow in relationship with God.

3. Can a Christian have a demon?

Our spirits are redeemed at salvation, so a Christian cannot be possessed with a demon. However, because the work of redemption is progressive, there can still be layers of demonic activity in the soul. That is where the work of deliverance is needed – in the soul.

Deliverance is the releasing from bondage.

Any area of bondage in your life can be released by the power of God. Sickness, disease, poverty, lust – there is deliverance from all bondage and lasting freedom in Jesus Christ.

Almost one-third of Jesus' ministry was deliverance.

Luke 4:18 *The Spirit of the Lord is upon Me, because he has anointed Me to preach the gospel to the poor; He has sent Me to heal the brokenhearted, to proclaim liberty to the captives and recovery of sight to the blind, to set at liberty those who are oppressed.*

This is deliverance! Jesus went about releasing people from demonic activity and the oppression of the devil. If that was His ministry, it should be ours as well.

John 14:12 *Verily, verily, I say unto you, he that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.*

What works did Jesus do?

- Healed the sick
- Raised the dead
- Cast out devils

Mark 16:17a *And these signs shall follow them that believe; in my name shall they cast out devils.*

You have been called and endowed with a ministry to release people from bondage, beginning with you.

We are living in an age where many people are demonized. Again, this does not mean demonic possession. While unbelievers may be possessed, believers can be under demonic oppression. This refers to something weighing you down, inhibiting you, or restricting the flow of God in your life. Demonic activity can prevent you from realizing the plan and purpose of God in your life. Anything in a believer's life, such as depression, fear, or pornography, that undermines their freedom or progress in Christ can be the result of demonic activity.

2 Timothy 1:7 *For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.*

Demons cannot possess the spirit of believers, but can operate in the soulish realm.

1 Thessalonians 5:23 *And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.*

Spirit, soul and body teaches us that man has a triune nature. In this respect, we are created in the image of God who is also triune.

Man is a spirit who possesses a soul and lives in a body.

- Man's spirit has communion with God
- Man's soul is the seat of his mind, will and emotions
- Man's body is his physical being

These three, distinct parts of man help us understand why someone can be saved in their spirit yet still be bound up in their soul. What does this mean?

- They are bound in their emotions
- They are bound in their mindset
- They are bound in their ability to overcome negative habits

James 1:8 *A double-minded man is unstable in all his ways.*

Psychologically, this is known as cognitive dissonance, which means two opposing belief systems.

*God doesn't just want your spirit saved,
He wants you sanctified in your body;
He wants you sanctified in your soul.*

Double-mindedness is demonic in origin. It is something the enemy tries to use to oppress your soul.

Philippians 2:12b *Work out your own salvation with fear and trembling.*

There is a great need for deliverance in the Body of Christ. It is important and it is relevant.

4. How do I experience deliverance?

A. The delivering power of God is contained in the blood of Jesus.

Leviticus 17:11 *For the life of the flesh is in the blood.*

The blood of Jesus releases God's delivering power for your life.

It's the blood that gives us a right to freedom. It's the blood that gives us the ability to break out of the snare of the enemy. Satan acknowledges the power of the blood; we should recognize it as our key to victory.

"In the name of Jesus, I declare the blood of the Lamb over my mind. I declare the blood of the Lamb over my soul. I declare the blood of the Lamb over my body." In this way, you are releasing the covenant promise of deliverance.

Romans 10:13 *For whosoever shall call upon the name of the Lord shall be saved.*

B. The Word of God brings deliverance.

Psalms 107:20 *He sent his word, and healed them, and delivered them from their destructions.*

Every time you get the Word of God in your spirit, it manifests in your soul.

Hebrews 4:12a *For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit.*

The Word is the only force, the only living power, that has the ability to separate soul and spirit.

- Hear the Word of God
- Receive the Word of God
- Believe the Word of God

C. We are delivered by faith

Romans 10:9 *That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.*

John 15:3-4a *Now ye are clean through the word which I have spoken unto you. Abide in me, and I in you.*

As we abide in the Word, and the Word abides in us, it begins to work in our soul and spirit and release every area of bondage.

One Word can change your life! One word can set the captives free.

Isaiah 55:11 *So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it.*

What do you need to be set free? The Word of God.

John 11:40 *Jesus said to her, "Did I not say to you that if you would believe you would see the glory of God?"*

The book of Hebrews gives us an account of the children of Israel on their wilderness journey. It relates all the sins they committed in the wilderness:

- fornication
- making and worshipping the golden calf
- complained against God/murmured
- rebellion

Yet none of these sins kept them from their promise. What one sin did the Lord hold against them? Unbelief

All you have to do today is believe that the price from your freedom has already been paid. Anyone – even you – who accepts the finish work of Jesus in faith is going to be set free today.

*His name is more powerful than your addiction;
His name is mightier than your addiction.*

Personal Application

1. Write Ephesians 3:14-19 on several index cards and place them in prominent places – your bedside, your mirror, your car... anywhere you will see them often throughout the day. Make this apostolic prayer your own. Pray it often and allow the Holy Spirit to strengthen you in this revelation.

2. Find a quiet place before beginning the next session and in a journal or on a pad of paper, ask the Father to speak to you...about you! Journal what you hear the Father saying to your heart. It's important to know the *truth* of how God feels about you. This is what brings deep and lasting healing, wholeness and change within our hearts.

3. The "apple" of the eye is the tenderest part of the eye, the pupil. Have you noticed what happens if something comes near your pupil? Your eye has been designed in such a way that your other body parts will jump in to defend it. Your eyelids will instinctively close; your hands will immediately jump to protect it. Should something get near it, your tear ducts will begin to secrete tears to wash it out. You are the apple of God's eye! Read these Scriptures and allow the truth of God's tender love for you to minister to you.

- Deuteronomy 32:10
- Psalms 17:8
- Lamentations 2:18
- Zechariah 2:8

Prayer

Father, I believe that Jesus Christ is Your Son. I believe He suffered on the Cross and died. I believe He defeated Satan and rose again. Today I accept Him as my Lord and my Deliverer. You said that if I will call on the Name of the Lord, You will deliver me. So right now, in the Name of Jesus of Nazareth, deliver me and set me free in every area of my life. I plead the blood over my mind, my body, my soul – every part of my being. Fear, addiction, anger, and lust go now! I declare that I am 100% free because of the Cross!