

# EAT·MOVE·LIVE 365

## MARCH 2019 CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
					<b>March 1</b>  NEW CONTENT UP - A MONTH TO ENERGIZE	<b>March FEB 2</b>  <b>8 AM PST</b> COMMUNITY GOAL SETTING ZOOM CALL - bring your goal setting sheet
<b>March 3</b>	<b>March 4</b>  MONDAY EMAIL CHECK-IN	<b>March 5</b>	<b>March 6</b>	<b>March 7</b>	<b>March 8</b>	<b>March 9</b>
<b>March 10</b>	<b>March 11</b>  MONDAY EMAIL CHECK-IN	<b>March 12</b>	<b>March 13</b>  SMILEY FACE COMMUNITY CHECK-IN	<b>March 14</b>  <b>10:00 AM PST</b> ZOOM OFFICE HOURS	<b>March 15</b>	<b>March 16</b> <b>8 AM PST</b>  ZOOM COMMUNITY COFFEE HOUSE
<b>March 17</b>	<b>March 18</b> MONDAY EMAIL CHECK-IN	<b>March 19</b>	<b>March 20</b>	<b>March 21</b>	<b>March 22</b>	<b>March 23</b>
<b>March 24</b>	<b>March 25</b>  MONDAY EMAIL CHECK-IN	<b>March 26</b>	<b>March 27</b>  SMILEY FACE COMMUNITY CHECK-IN	<b>March 28</b>  <b>10:00 AM PST</b> ZOOM OFFICE HOURS	<b>March 29</b>	<b>March 30</b> <b>4 PM PST</b>  ZOOM COMMUNITY COFFEE HOUSE
<b>March 31</b>						