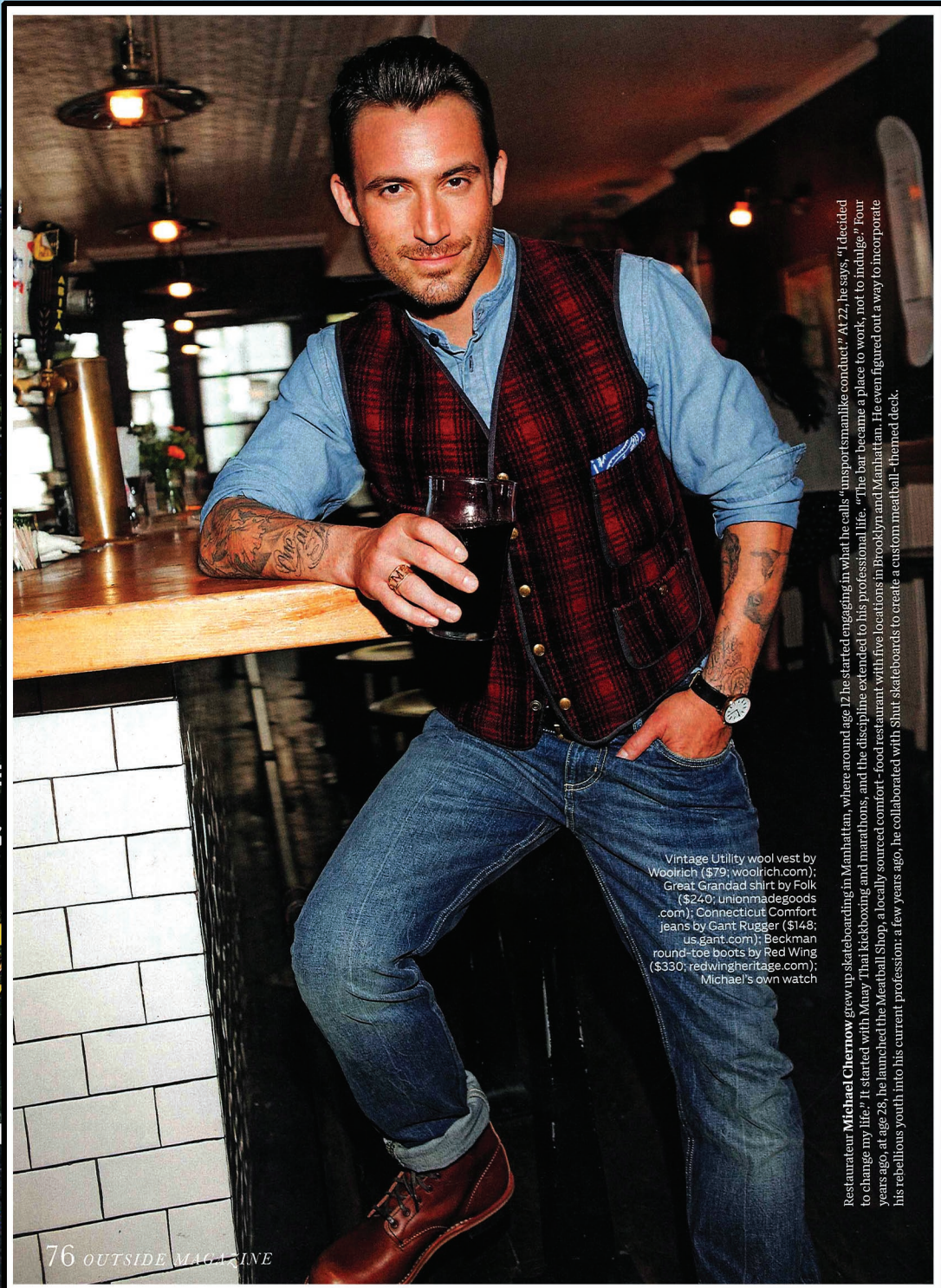


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# Outside



Restaurateur **Michael Chernow** grew up skateboarding in Manhattan, where around age 12 he started engaging in what he calls "unsportsmanlike conduct." At 27, he says, "I decided to change my life." It started with Muay Thai kickboxing and marathons, and the discipline extended to his professional life. "The bar became a place to work, not to indulge." Four years ago, at age 28, he launched the Meatball Shop, a locally sourced comfort-food restaurant with five locations in Brooklyn and Manhattan. He even figured out a way to incorporate his rebellious youth into his current profession: a few years ago, he collaborated with Shut Skateboards to create a custom meatball-themed deck.

Vintage Utility wool vest by Woolrich (\$79; woolrich.com); Great Grandad shirt by Folk (\$240; unionmadegoods.com); Connecticut Cornfort jeans by Gant Rugger (\$148; us.gant.com); Beckman round-toe boots by Red Wing (\$330; redwingheritage.com); Michael's own watch

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