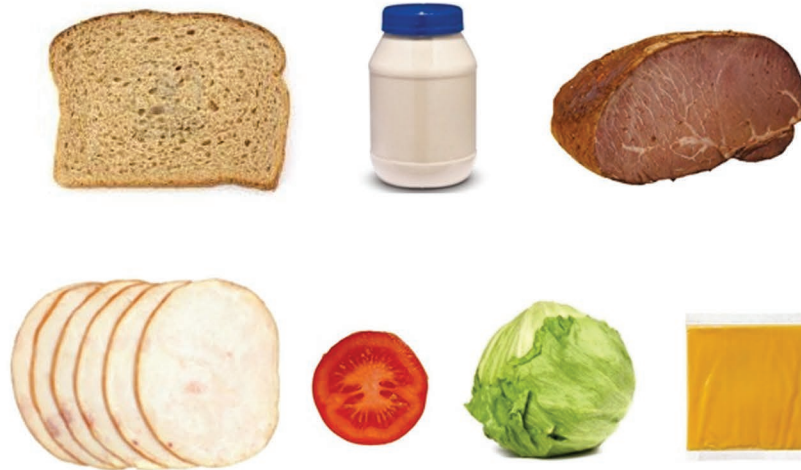


I TRAVEL FOR THE FOOD

ALL • STUFF • FOOD • THRILL • CHILL • KIDS • CULTURE • QUIRK • SCENERY • ROMANCE • GOOD

#1



The #1



Sandwich: The #1

Eaten by: [Daniel Holzman](#), owner of [The Meatball Shop](#).

Where you ate said sandwich: Some shitty deli on the Upper East Side of New York City.

Ingredients: Toasted whole wheat bread, mayonnaise, roast beef, turkey, American cheese, shredded iceberg lettuce, sliced beefsteak tomato. The trick to this sandwich is to toast the whole wheat slices, then slather with extra mayo. In the meantime, put the roast beef, turkey, cheese slices, and tomato in the microwave, warm the meat, and melt the cheese. Finally, assemble with the crisp iceberg lettuce as the only cold component.

Flavor profile: Moist, crispy, rich, clean, satisfying, and delicious.