

ITF Coaches Education Programme Level 2 Coaching Course



Tactics and patterns for the passing game situation

By the end of this session you should be able to:

- Understand and explain the main tactics and patterns for the:
 - Both from the passing game situation
- Know how and where to play when you are at the baseline and your opponent is at the net

Passing the net player

General considerations



- Intention should be to make the net player “earn” the point.
- All passing-shots should be low.
- It’s better to use the best shot for passing.

Passing the net player

General considerations



- Don't take unnecessary risks. It's better to make the opponent volley than hit the passing-shot in the net (hit long rather than short).
- Cross court passing-shot should be hit short and angled.
- Down the line passing-shot should be hit hard and deep.

Passing the net player

General considerations



- Make the opponent volley in a difficult position (e.g. low down the middle) and then pass them with the next shot (2 shot pass).
- Lobs: Always high and deep. Take into account the wind.
- Lobs can open up the court for the pass on the next point.

Passing the net player

Back court shots



- Accurate passing shots with disguise.
- Attacking top spin lob off both wings.

Passing the net player

Good approach vs. Good volley



- Mix in a number of high and deep topspin lobs.
- Make the opponent volley (to see if they miss the volley).
- No free points.

Passing the net player

Good approach vs. Average volley



- Play a passing-shot and make the opponent volley (to see if they miss the volley)
- Play a winning passing-shot.

Passing the net player

Very easy approach



- Play a winning passing-shot or play a lob.