

Inspired Wellbeing Summit

~ Personal Inquiry Questions ~



Gregg Braden

- How could you use Gregg Braden's suggestions and 'pray rain' instead of praying *for* something?
- How could you let your life become your prayer?

Denise Linn

- What insights did you receive during your past-life regression?
- Which people in your life do you feel you have met in previous incarnations?

David Hamilton

- What were your main insights from listening to David's wisdom?
- How can you practice more kindness in your life?

Mike Dooley

- How can you let life become an adventure?
- What are you longing to manifest, and how can you allow yourself to move towards that manifestation in a joyful way?

Deva Premal and Miten

- What were your main insights from listening to this conversation?
- How can you let yourself benefit from the healing power of mantras?

Rebecca Campbell

- How can you let your feminine and masculine be more in balance, so they support each other?
- How can you follow your soul's calling?

Arielle Ford

- How can you let yourself be happy in your own skin, so you can prepare for a soulmate to come into your life?
- And if you already have a partner, how can your partner become your soulmate?

Nicky Clinch

- What food is your body telling you it wants you to eat more of in order for you to be balanced and healthy?
- What have been your main 'aha' moments from listening to Nicky?

Heal Your Life With Soul Retrieval

- What did you experience during your soul retrieval? Which power animal did you get? What was your gift?
- How can you best use this soul medicine you have been given?





Robert Holden

- What makes you feel more alive? What lights you up?
- What brings you great joy?
- What do you say 'yes' to?
- What holds your interest?
- When do you feel most like yourself?
- How can you contribute to humanity's shared purpose?

Barbara Marx Hubbard

- Have you noticed something 'new' arising within you? Something that is longing to be expressed through you, as you?
- How can you become a co-creator, helping to birth a new consciousness into being?

Tosha Silver

- What can you surrender right now in your life, so you allow the Divine to take the lead?
- What were your greatest insights from listening to Tosha?

Barbara De Angelis

- How can you make the choice for love more often in your life?
- Which situations in your life can you bring more love to?
- And *how* can you bring more love to these situations?

John Holland

- How can you connect more with your soul?
- Are there any areas in your life where the energy and the flow have disappeared?
- How is your soul trying to get your attention, and what is it that it wants to communicate with you?



Lorna Byrne

- How does your guardian angel try to communicate with you?
- How can you tune into the angels more?

Diksha McCord

- How could you incorporate meditation into your daily life?
- What were your main insights from listening to Diksha?

Gyandev McCord

- How could you benefit from more energy in your life?
- How could you benefit from being able to control energy in a more efficient way?

Meggan Watterson

- What did you experience during the Soul Voice meditation?
- How could you benefit from letting the Dark Divine Feminine guide you more in your life?

Become your own mystic, healer and shaman

- What main positive learnings did you get from listening to this talk?
- How can you let your soul guide you more?





Alan Cohen

- Think of some situations in your life that are causing you conflict. How could you choose love instead of fear in these situations?
- How could you take your power back and choose to be a miracle worker?

HeatherAsh Amara

- How can you be more committed to your path?
- What are your ripe stories that you now are ready to let go of?
- How can you step into your Warrior Goddess energy?

Dr Mona Lisa Schulz

- What is your body trying to communicate to you through the symptoms you experience?
- What limits do you have? How can you make sure you are more aware of your own limits so you take better care of yourself?

James Van Praagh

- How can you make the choice for love more in your everyday life?
- Who are your greatest teachers?
- Which experiences in your life have been your destiny points?

Colette Baron-Reid

- What were your main insights from listening to Colette?
- How can you let Spirit guide you into uncharted territories?

Diana Cooper

- What were your main learnings from listening to Diana?
- How can you let the angels help you more?

Linda Fitch

- What did you experience during your Destiny Retrieval?
- What were your main insights?

Linda Howe

- What were your main aha-moments from listening to Linda?
- How can you let the Akashic Records help you?

Lodro Rinzler

- How can you learn to stay with the pain?
- What have been your own 'coconuts of wakefulness'?

Yoga Rocks

- Which style of yoga are you most drawn to?
- Which style of yoga do you feel could be most helpful to you?
- What is in your own first-aid kit for finding balance in your life?

Transforming Darkness Into Light

- Which shadows did you find? How can you bring them more up into the light?
- What were your main learnings from the meditation?

Any other insights and thoughts you have had from listening to the summit?

