



ALL BOWLS

SNACK \$7.95 REGULAR \$10.95

LARGE

\$13.95

HOUSE FAVORITES

base: white rice, brown rice, zucchini noodles, seasonal chop, half & half

all house favorites served with scallion and toasted sesame seeds

HAWAII STYLE 🗢 🛎

ahi tuna · sweet onion hijiki · classic sauce 🙉

WEST SWELL &

ahi tuna \cdot sweet onion \cdot herb mix masago · wasabi avocado cream wisefish sauce

HEAT WAVE 🗢

salmon · cucumber jalapeño herb mix spicy citrus shoyu

THE CHELSEA

tofu · sweet onion cucumber · edamame wisefish sauce

BUILD YOUR BOWL

1.BASE



- -brown rice
- -zucchini noodles
- -seasonal chop
- -half & half



2 MAIN

- -ahi tuna <>₽
- -spicy tuna ⇔
- -salmon <>>
- -tofu
- -half & half

mix-ins. sauce. and finishes

- -citrus ponzu -hawaiian sea salt
 - - -wasabi peas

AND...

TODAY'S CATCH

Check out the specials board for today's goodness!

SIDES

crab salad seaweed salad \$3.95

DESSERT

mochi ice cream \$3.00

BFVFRAGFS

- -iced tea-\$3.00
- -coconut water-\$4.00
- -la croix-\$1.75
- -san pellegrino-\$3.00
- -smart water-\$2.50
- -seriously sparkling water-\$3.00

MIX-INS

-SELECT UP TO FOUR (4) -ADDITIONAL + \$.50

-cucumber

- -hijiki
- -radish
- -ialapeño
- -edamame -herb mix
- -sweet onion
- -ginger mojo

SAUCE

-CHOOSE ONE -ADDITIONAL + \$.50

-wasabi shoyu

- -spicy mayo
- -wisefish sauce
- -classic sauce -spicy citrus
- shovu

FINISHES

AS MANY AS YOU'D LIKE

- -masago
- -scallion
- -toasted sesame seeds
- -wasabi avocado cream
- -crunchy onion
- -crushed red pepper
- -nori

 \sim consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Contains shellfish

We're committed to serving responsibly-sourced seafood of superior quality. As such, items presented on this menu may ebb and flow based on availability.

SPLURGE

+ \$1.50

-avocado

-seaweed salad

-crab salad

OUR STORY

Wisefish Poké is a laid-back seafood shop celebrating Hawaii's much-loved raw fish dish, poké. Wisefish Poké is the dream of two friends, whose mutual love of poké gave life to a vision for an eatery dedicated to this healthy, simple cuisine. We're driven by a commitment to exceptional, sustainably-sourced seafood, a deep appreciation for the culinary tradition of poké, and a passion for serving others.

-Drew and Bryan, Co-Founders





Salmon



THE 411

- -All our sauces are homemade.
- -You're welcome to choose as many mix-ins, sauces and finishes as desired go wild!
- -Wisefish Poké is committed to sustainably-sourced seafood from responsibly-managed fisheries.
- -We partner with top purveyors from around the country to secure the best catch.
- -Whenever possible, we serve fish from domestic waters.
- -Our thanks for your visit runs as deep as the Mariana Trench!
- -PS, vou rock.



GLOSSARY

AHI: yellowfin or bigeye tuna

ALBACORE: another great species of tuna

CITRUS PONZU: citrus & shoyu sauce

 $\ensuremath{\mathsf{CLASSIC}}$ SAUCE: house mix of shoyu, sesame oil and oyster sauce

 $\label{eq:fresh} \textit{GINGER MOJO: ginger-garlic puree, with a hint of orange zest}$

 $\ensuremath{\mathsf{HERB}}\xspace\,\ensuremath{\mathsf{MIX}}\xspace$ blend of fresh cilantro, mint and dill

HIJIKI: seaweed, almost black in color

MASAGO: fish roe (tiny eggs), orange-red in color

SHOYU: soy sauce

SPICY CITRUS SHOYU: spicy-citrus soy sauce

SPICY MAYO: special house spicy mayo, containing sriracha, mayo and ginger

WASABI SHOYU: wasabi-soy sauce

WISEFISH SAUCE: sweet garlic soy sauce

ZUCCHINI NOODLES: our signature raw zucchini noodle