

INSIDE COURT

July 2016



SQUASH
AUSTRALIA



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Why Squash?



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Courts



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Court Update

The official magazine of Squash Australia, Sports House, Office 9,150 Caxton Street, Milton, Queensland, 4064.

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Pennant Player - Urban (Jnr) \$20

Pennant Player - Rural (Jnr) \$15

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Social (in-house) Player - Rural \$15

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We have had a great season so far, with excitement created by our players both home and abroad. The Australian PSA Circuit has started well with lots of Australians in finals - Cameron Pilley had a great result reaching the final of the PSA Super Series Finals, beating the World No. 1 along the way.

Around the corner, we have the Australian Open in Melbourne and the World Doubles Championships in Darwin - both events are available live on www.SquashAustralia.TV, and for those that can make the events live, there is added excitement with world class exhibitions and entertainment as we speed gun the world's best.

It has been a difficult few years for squash in Australia. Squash Australia had lost over \$1,000,000 from various funders, and as a result we have had to restructure over the past twelve months. We now have a new team who have started excellently, and I am happy to say we have signed new partnerships with Ashaway, Dunlop and Victor.

Also in 2016, we launched our strategic plan. As part of this, all of our working groups will shortly launch their four-year plans outlining the work to be done under each key strategic area in our strategic plan.

As part of this, last month we launched a new four-year participation strategy outlining how we can all help get more people on the squash court. The document highlights how crucial the centre operators are in this process.

Our work around membership continues after frustration with IT solutions the past years. Hopefully in the near future, we will have a new solution that will benefit all members across Australia.

We have also launched a new website, creative platforms and member benefit platforms, which will hopefully add value to both the weekly squash player and the social once-a-month players.

Coach education, I am happy to say, continues to undergo a revamp under Zac Alexander. We have recently launched the new eLearning portal, making our base range of courses available to all, never mind your geography.

Alongside the Australian Open we are running a national coaches workshop, followed by the first talent development coach education course in quite a few years. Later in the year, we are running a tutor trainer course to get more coaches trained up as tutors.

In addition to this we are running a number of joint coach education workshops in each State, which we hope our members find interesting.

These are exciting times for Squash Australia. Again, we thank everyone who has helped make it possible and look forward to even more success in the future.

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Around the Clubs



1

Stafford Squash Centre (QLD)

244 Kitchener Road Brisbane
Stafford QLD 4053

The Stafford Squash Centre was built in 1969 and is the home of Squash Australia's National Training Centre. Located in Brisbane's north, the centre is owned and operated by Fred Robins.

Australia's Winning Edge program has been up and running since May and is led by Squash Australia High Performance Coach Dan Jenson.

Stafford has a rich history of squash in Brisbane thanks to Fred's late Dad and Founder (Ernie Robins), winner of the Australian Veterans Title. Stafford also hosts many events throughout the year including the Stafford Junior Timed Event as well as the famous Stafford 4PLAY Doubles.

Stafford is also home to top squash players such as Lisa Camilleri and Taylor Jones.

2

Woden Squash Centre (ACT)

4 Launceston Street, Phillip ACT 2606

The Woden Squash Centre is home to the South Canberra Squash Club and has 8 squash courts, all of which have an overhead area where coaches and players can overlook the courts. South Canberra Squash Club runs a squash team from the centre and have teams in the pennant. Visitors can also play social competitions and club practice. The centre also hosts two nights of Masters on Monday and Wednesday.

Woden Squash Centre is the home of the ACT Junior Squad training every Saturday morning. This is coached by former British Open winner Anthony Ricketts who has been inducted into the Squash Australia Hall of Fame.

The Woden Squash Centre is home to the ACT Squash Open, which is a senior event. It is growing each year and has welcomed racquetball this year and is looking to develop the event further with racquetball and also the possibility of other racket sports in years to come. The Woden Squash Centre is also home to the ACT Junior Squash Event, which is a Gold event on the junior circuit, this event has also seen a huge growth in numbers from last year.



3

Squash Logic Melton (VIC)

63 Reserve Road, Melton VIC 3337

Squash Logic opened its doors in 2005 and today it has an in-house competition running on Mondays and Thursdays with over 50 members.

The club also have State grade pennant teams as well as VMSA Masters pennant teams. On Saturday morning they run Oz Squash junior programs and an in-house junior competition that allow adults to play in, to help give the juniors a hit and some extra advice.

Karen and Richard Cagliarini have worked very hard to maintain a good crop of juniors over the past 11 years giving them as much opportunity to develop and achieve their goals in squash.

The team at Squash Logic Melton are very lucky to have the Melton District Squash Association run from their centre. Every year in early November the MDSA have a Squash & Racquetball Victoria Grand Prix Open and Graded event. This event is held during the Melton Djerriwarrh Festival where there is a lot to see and do. There is a carnival, street parade and concerts held at night along with fireworks for the kids to enjoy and plenty of restaurants.

4

Devonport Squash Club (TAS)

34 Forbes Road, Devonport TAS 7310

Devonport Squash Club is one of the premier squash clubs in Tasmania. Run by a Committee, the courts are owned by the Devonport City Council. The centre boasts 8 courts with two glass back courts and balcony viewing behind court 1 (Glass back). Pennant night is on a Tuesday and just recently due to the increase of juniors a junior line has been added to the roster.

The centre has hosted 3 PSA events, an AJO and an AJC tournament. The club is proud to have two excellent juniors both competing on the National Junior Circuit.

Devonport has 3 highly regarded Accredited Coaches who work together with the junior programs. Also housed in the Centre is the Devonport Racquetball club, they run a pennant night every Monday with some 40 players of various standards, this section of the sport is increasing and is constantly growing in numbers.



7



5

Darwin Squash Centre (NT)

6 Marrara Drive, Marrara NT 0810

The Darwin Squash Centre is one of the premier squash centres in Australia and the Southern Hemisphere.

Darwin is home to 12 state-of-the-art squash courts with two sets of movable walls which enables four courts for doubles. The venue also has a full bar, squash shop, player's lounge and garden bar area with BBQ facilities.

It is here in August where some of the world's best squash players will compete at the WSF World Doubles. The centre has also hosted many prestigious tournaments over the years and will host the 2017 and 2019 Australian Junior Open.

The Darwin Squash Centre is managed by Sarah Douglas who is also the Executive Officer of Squash NT. Sarah and her team oversee pennant, ladders, doubles, masters and junior competitions.



Squashworld Mirrabooka

Unit 1/42 Mirrabooka Avenue, Mirrabooka
WA 6061

Squashworld Mirrabooka was built in 1980 and is home to the Mirrabooka Squash Club. It is the only facility in Australia that holds 14 glass back squash courts making it the largest squash centre in the country as well as housing the biggest Pro Shop in the country.

Since 2006 Kane Fasolo has taken over as manager of the centre overseeing various social squash competitions. The centre offers Wednesday League In-House, Tuesday King of the Court, Friday King of the Court and Saturday Social Squash as well as Monday Group Coaching.

Squashworld also caters for juniors in the area with a Saturday afternoon program combining coaching, games and fun activities for a low cost.

Coaching at the centre is led by Luke Jamieson and can be booked in advance.



Karadinga Squash Club (SA)

576 Montague Road, Modbury SA 5092

The Karadinga Squash Club is located at the Karadinga Sports Centre on the outskirts of Adelaide. The club caters for squash and racquetball and features 4 courts.

The club offers day and night time pennant, in-house and masters competitions as well as junior and school coaching sessions and is available for casual court hire.

Throughout the past year the club has increased trading by 6 hours per week, developed 7 new programs, introduced a gym and trainer and is currently seeking to expand the facility and build extra courts. It is with these achievements that has seen Karadinga being nominated for Club of the Year at the Squash Australia Annual Awards Night.

The club hosts the annual Karadinga Junior and Senior Opens and is a leading centre for squash and racquetball participation in South Australia.



Coffs Harbour Squash & Swim Centre (NSW)

11 Korora Basin Road, Coffs Harbour
NSW 2450

Coffs Harbour Squash and Swim Centre is owned and run by Peter Saxby and family operating 7 days per week, where regular players and visitors are all welcome. The centre has become one of the best in Australia made up of 6 championship courts, 2 glass back and 4 conventional courts. Grandstand seating for 120 spectators with large modern change rooms add to the facilities services. The centre offers equipment sales and services including racquet restrings and have an extensive range of footwear and limited apparel for purchase.

Coffs Harbour conducts tournaments annually, including the very popular North Coast Open PSA Men \$5k and Women's \$5k events with a support Graded Program in September. In addition, tournaments at State and Regional Levels are conducted as part of the NSW Squash Circuit. Junior tournaments are Coffs Coast One Day Challenge, Coffs Enduro and Coffs Junior Classic.

The centre boasts a number of senior and talent juniors who commenced their careers at the centre.

The Little Squashies Program is conducted from 4.00pm Wednesday and Thursday afternoons and is an ideal platform for players advancing to the Friday Junior Competition. One of the most exciting squash programs conducted is the Home Schooling program which aligns to the School Term and offers a range of activities both on and off court.

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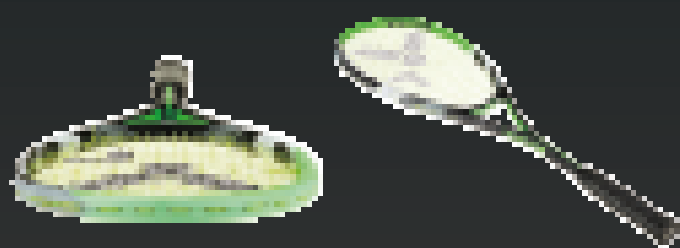
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Australian PSA Events Update



NT Open, NT

13th – 15th May

The NT Open was a PSA men's and women's 5k event, with both the men and women having a main draw of 16 entrants. Participants came from Australia, England, Estonia, Malaysia, New Zealand, Northern Ireland, Singapore and USA. Top seeds Zac Alexander and Christine Nunn were both looking to win the Open titles.

Unfortunately, Nunn was knocked out in the Quarter finals after being 2-0 up against fellow Australian Samantha Foyle 11-9, 11-9, 3-11, 8-11, 9-11. Alexander was a different story, proving why he was number 1 seed. Alexander beat number 3 seed Rhys Dowling (AUS) 11-6, 11-4, 11-5, in the semi, to then put him into the Open final against number 2 seed Adam Murrills (ENG). Alexander, former world number 36, took the Open Title after an epic five game encounter 11-2, 11-5, 8-11, 5-11, 11-5.

As for the women, former world number 3 Madeline Perry, from Northern Ireland, proved she still has a pretty handy game after beating number 2 seed Sarah Cardwell (AUS) on the opening day. Perry went on to beat Tamika Saxby (AUS) in the Quarter final 11-8, 11-9, 11-1. Perry then continued her winning streak

by beating Lakeesha Rarere in the Semi-final 11-5, 11-7, 11-7. As a result, this put Perry in the Open final against number 6 seed Lisa Camilleri (AUS). Perry again proved to be too strong for Camilleri taking the Open title 11-5, 11-3, 11-2.

Both Alexander and Perry have recently taken the tough decision to cut back on their international squash careers, but have shown they still have plenty of class by winning the men's and women's NT Open in Darwin. They have both taken up major coaching roles, but are keen to keep on playing where possible. "It was very strange to be back playing, but nice to play with no pressure and feel relaxed and just enjoying playing matches," Perry said after her win over Camilleri. "My plans are just to continue with coaching. I may play the odd event in the future as I still enjoy playing, but I have no plans to train full time again or play a lot competitively." Alexander however still has his sights on wearing the Australian colours in 2018. "I'm planning on playing everything I can around Australia for the next two years, I want to play at the Commonwealth Games on the Gold Coast," Alexander said. Congratulations to both Perry and Alexander on their NT Open title wins.

City of Perth International,

27th – 29th May

The City of Perth Squash Challenge Open was a PSA men's and women's 5k event. Similar to the previous tournament, the NT Open, both the men and women had a main draw of 16 entrants. Participants came from Australia, England, Estonia, Jamaica, Korea, Malaysia and New Zealand. Australia's Zac Alexander and Sarah Cardwell were both number 1 seeds and looking to take the Open Titles.

Alexander and Cardwell both started the tournament strong, winning their opening round games. Alexander then went on to win his Quarter final match against David Illich (AUS) 11-3, 11-6, 11-6, in just 24 minutes. He then won his Semi-final match against number 3 seed Adam Murrills (ENG) 11-8, 12-10, 11-9, in 36 minutes. This put Alexander into his second PSA final in just 2 weeks, this time against number 2 seed Lewis Walters (JAM). Again, Alexander proved to be too strong, defeating Walters 14-12, 11-5, 11-8, in 50 minutes to claim the City of Perth International Title.

Cardwell also went on to win her Quarter final match against Amanda Hopps (AUS) 11-5, 11-3, 11-8. She then defeated Samantha Foyle 11-6, 11-9, 11-8, in the Semi Final putting her into the Open Final against number 4 seed Tamika Saxby. Cardwell put up a strong fight, taking Saxby to 5 but went down 9-11, 11-9, 9-11, 11-8, 5-11, in a long 65 minute match. Congratulations to both Alexander and Saxby on their Open Title wins.



Golden Open, WA

3rd – 6th June

The City of Kalgoorlie and Boulder Golden Open was a success this year with the champion claiming his own squash world record. Mike Corren became the oldest player to win a PSA title at the age of 42, after defeating his Korean opponent in three games.

Records Broken at the City of Kalgoorlie and Boulder Golden Open

The Golden Open was a PSA men's 5k event with a main draw of 12 entrants. Participants came from as far as England, South Korea, Hong Kong and Australia. The open semi-finals were tough fought games from all competitors causing major upsets among seeds. In the first semi-final, number 3 seed Ko Youngjo (KOR) came back from 0-2 down to defeat number 1 seed Adam Murrills (ENG) 4-11, 2-11, 11-4, 11-8, 11-6, in 58 minutes, putting the Korean into his first Kalgoorlie final after having lost in the semi-final in 2015. Seed number 6 Mike Corren (AUS) also proved too strong for number 2 seed Rhys Dowling (AUS), with Corren defeating Dowling 11-3, 11-9, 11-7, in 30 minutes. This put Corren into the final for a chance to win his 5th Golden Open title. Number 6 seed Mike Corren proved too strong for number 3 seed Ko Youngjo in the Open final after an entertaining first game lasting 22 minutes with Corren winning 18-16. Corren then used his experience to dominate the young Korean in the second and third games to take the Open title 18-16, 11-3, 11-4, in 45 minutes.

With this win, Corren has gained his 5th Golden Open title in 7 years. This title comes almost 20 years after winning his first PSA tournament in 1996. Corren also holds the record of being the oldest player to win a PSA tournament.

Tournament Director David Cowell was happy with the way the tournament ran and told us, "The tournament ran smoothly, it was a credit to the players and EGSRA Committee. This year is also the final year of the Golden Open being played at the YMCA. With reports saying the EGSRA will be in their new 6 court centre by October 2016. The 45th edition of the Golden Open will be played there too, next year. I personally am excited to see the new centre and have been invited to come back and run it for a third year."

The WA Minister for Sport & Recreation Mia Davies MLA, Former Member for O'Connor Tony Crook MLA and the Mayor of The City of Kalgoorlie & Boulder John Bowler all showed their support and recognition by attending the PSA final and presentation of the Golden Open. Congratulations to Corren on his record breaking win and to all the other participants for making the Golden Open a success tournament once again.



Sandgate Open, QLD

18th – 19th June

The women's PSA 5k tournament, Sandgate Open was great success with 12 entrants coming from both Australia and New Zealand. The tournament was a great opportunity for female squash development and promotion, as it is the only women's PSA tournament in Australia for 2016. The tournament promoter Nathan Turnbull was pleased with the overall event. "I am very happy with the crowd support that attended the finals and I am excited to run the event again in 2017," Turnbull said.

Number 1 seed Sarah Cardwell started the tournament with a bye to then face fellow Australian Tamika Saxby in the Quarter finals on Saturday. Saxby proved to be the stronger player defeating the number 1 seed 9-11, 11-6, 11-3, 11-5, in 41 minutes. Saxby then came up against Sam Foyle in the Semi-final. Foyle put up her best fight, but struggled with an injury from her previous match against Lakeesha Rarere making it a quick 18-minute match with Saxby winning 11-6, 11-5, 11-4. Number 2 seed Lisa Camilleri also had a long Quarter final

match defeating number 6 seed Stephanie Wighton 11-7, 9-11, 12-10, 11-9, in 40 minutes. Camilleri then faced Jess Turnbull in the Semi-final, using her experience to defeat Turnbull 11-9, 11-5, 6-11, 12-10, in 37 minutes. This then left both Camilleri and Saxby to meet in the Grand-final of the Sandgate Open.

The last time Camilleri and Saxby faced each other was in the semi-finals of the City of Perth Squash Challenge only a few weeks ago which resulted in Saxby winning three games to love. Saxby started the final of the Sandgate Open strong taking the first two games 11-8 and 11-5, after which Camilleri responded with by winning the third game 4-11. After a tough 3 games, Saxby then dominated the final game winning 11-1. Saxby was excited with her performance. "It is great to get a second win at home. I had a strong first two games, however lost my way in the third game. I managed to piece it together for a strong fourth game," said Saxby. Congratulations to Saxby on her win and all athletes for their participation.



Fujitsu NSW Squash Open

30th June – 3rd July

The PSA Fujitsu NSW Squash Open (NSW Open) received over 35 international and national entrants, from countries including England, Switzerland, South Korea, India, Egypt, Australia, Hong Kong, Norway, Scotland and Australia. The event took place at the Elanora Squash Centre in New South Wales.

Round 1 and Quarter Finals were played at the Fujitsu NSW Squash Open over Friday and Saturday, with some exciting matches in both the men's and women's draws. There was a quarter final upset in the women's draw, with home grown talent Tamika Saxby defeating the top seed Lee Ka Yi from Hong Kong 3-1 (11-8, 9-11, 11-7, 11-7). Emma Millar defeated Jessica Turnbull in a quick three game match, and then went on to defeat fellow Kiwi Danielle Fourie in five games to make it into the semi. Fourie had won her first game against Selena Shaikh 3-1. Norwegian number four seed Lotte Eriksen defeated Australian Jasmine Chan followed by Lakeesha Rarere

to cement her place in the semi-final. Rarere won against the Scottish player Elspeth Young in round 1, only to go down to Eriksen 1-3. After a bye in her first round, second seed Lisa Camilleri defeated Ho Tze Lok from Hong Kong 3-1 (11-8, 12-10, 3-11, 11-7) in a very physical match, with both players clearly frustrated with each other's movement around the court, calling on the referee to make some very tricky decisions. Ho Tze-Lok only narrowly defeated Australian Stephanie Wighton in the longest match of the day, an epic 58-minute battle before going down to the number 2 seed Camilleri in four games.

Rhys Dowling (Aus) defeated Luca Wilhelmi (Swi) 3-0 (11-9, 11-9, 11-9) in 27 minutes. This was a very energetic match between two of the younger players in the draw. Searching for his sixth straight title, Zac Alexander had two comfortable 3-0 wins over Mohammed Saeed and Iain Tennant to take him into the semi-finals, where he met Matthew Karwalski. Karwalski, a local entry, shared an

equally comfortable journey winning both his matches 3-0 against Rohan Toole and young-gun Solayman Nowrozi. Nowrozi had won his first match against fellow Australian Peter Nuttall 3-0.

On the other side of the draw, Aaron Frankcomb was the second local to make it through to the semis after defeating Englishman Elliot Selby (4) and Indian player Sandeep Ramachandran, both 3-0. Ramachandran got up over Australian Courtney West 3-0.

Swiss player Luca Wilhemi defeated South Korean Chang Wook Woo only to be defeated by Australian Rhys Dowling in the quarters. Dowling had a four game win against Brett Hyland (AUS) before coming up against Wilhemi and winning 11-9, 11-9, 11-9.

The semi-finals were entertaining matches on the Saturday afternoon of the Fujitsu NSW.



Australian Junior Open 2016

25th – 28th March

Devonport welcomed the 2016 Australian Junior Open (AJO) with open arms in late March this year. The Devonport Squash and Recreation Centre became home to 175 juniors comprised of 19 international participants and 156 Australian juniors. The international guests were from countries including England, Hong Kong, Macau, Malaysia, New Zealand, Papua New Guinea and Singapore. Over 350 matches were played between boys and girls teams from under 11 through to under 19.

In the past five tournaments, there have been retuning champions, and new victors taking the title of Australian Junior Open Champion. Lakeesha Rarere, arguably the most accomplished Australian Junior Open player has won four titles between 2012-2016 with her most recent win at this year's AJO. Another notable returning champion is Alex Eustace, who picked up his second AJO title this year.

The 350 matches played at the Australian Junior Open were a continuous source of entertainment over the three-day tournament from 25th – 28th March.

The under 19 boy's division had 27 entries into the 32-man draw with Australian Alex Eustace as the first seed and New Zealander Scott Galloway as second. The seedings proved to be accurate with a 1v4 and 3v2 semi-final. The 1v4 match saw Eustace facing fellow Australian Joseph White, with Eustace prevailing 11-9, 11-7, 11-3. The New Zealander came up against Alex Oswald of Australia and walked away with a 11-9, 8-11, 11-7, 11-1 win to put Galloway into the final. The final match between Eustace and Galloway was entertaining, going to four games. Eustace took the win in 44 minutes 12-10, 11-4, 8-11, 11-9. Eustace winning the u/19 title also saw him enter the history books for winning the David Palmer Trophy.

There were 11 entrants into the under 19 girl's 16-draw, three of which were international players. Again, the semi-final proved accurate to seedings with a 1v4 and 3v2 semi-final. Australian Lakeesha Rarere was first seed and came up against Lynette Vai (PNG) as the fourth. The game went for 20 minutes with Rarere winning 11-5, 11-7, 11-5. The second semi-final was between Ho Ching Chan from Hong Kong as the second seed and Au Yeong Wai Yhann from Singapore as the third. A five

game semi-final lead to Chan progressing, 9-11, 6-11, 12-10, 13-11, 11-7. Rarere and Chan played a quick 16-minute final, with Rarere proving too strong for the second seed winning 11-3, 11-4, 11-5. Rarere also received the Sarah Fitz-Gerald Trophy as a result of her achievements.

There was a larger draw in the under 17 boys with 26 entrants. The all Australian draw saw the top four seeds in the semi-final again. Third seed Maaz Khatri overthrew second seed Jack Hudson to meet first seed Peter Nuttall in the final, who had previously defeated fourth seed Jacob Ford in the semi. Nuttall and Khatri played for 45 minutes with Khatri coming out on-top winning 11-7, 4-11, 11-3, 11-7.

The under 17 girls had 19 entries in a tough all-Australian competition. Alex Haydon and Jessica Graham proved too strong for their seeds at 5/8 to make it to win their quarter-finals and make it to the semi-finals. First seed Grace Pattinson defeated Haydon (5/8) in the semi-final. Graham (5/8) defeated Shehana Vithana (2) in the second semi-final. Pattinson and Graham played an entertaining four-game match, only for Pattinson to claim the title 5-11, 11-8, 11-9, 11-9.

The biggest entry list of the tournament went to the under 15 boys, with 35 entrants from Macau, Singapore, Hong Kong, Malaysia and Australia. First seed Vasudef Vasanthan from Malaysia met the unseeded Abel Jin the semi-finals, winning 11-3, 11-1, 11-6. Man Pok Wong (5/8) of Hong Kong defeated Australian second seed Ethan Eyles 8-11, 12-10, 11-6, 11-1. Wong and Vasanthan met in the finals and after 26 minutes and 3 games, Vasanthan took the win 11-6, 11-8, 11-4.

14 girls from Australia, Macau and England played in the under 15 girls tournament. Sze Yu Lee (5/8) of Australia defeated fellow Australian Kirby Gill (4) 11-9, 11-6, 11-5. The other semi-final saw Australian Georgie Lane (5/8) meet second seed Yeung Weng Chi (MAC), with Chi progressing 11-9, 11-4, 11-2. The final between Lee and Chi went for 28 minutes with the Australian, Lee, winning 11-7, 11-9, 3-11, 11-9.

A Singapore and Macau contender joined 15 other Australians in the under 13 boys age group. There were early upsets as an unseeded player, Connor Manzie and a 5/8 seeded player, Eric Gray took out the 4th and 2nd seeds. Australians dominated the semi-

finals. First seed Gregory Chan defeated 5/8 seed Dylan Classen 11-3, 11-5, 11-7 and third seed Oscar Curtis defeated 5/8 seed Eric Gray 7-11, 11-5, 15-13, 11-9. The final between Chan and Curtis resulted in an 11-7, 11-6, 11-9 win to Chan.

The under 13 girls saw 5/8 seeds take out 4th and 2nd seeds. First seed Jemma Besant (AUS) defeated 5/8 seed Ella Burge (AUS) in four games 16-14, 10-12, 11-8, 11-8. In the second semi-final, New Zealander Natalie Sayes defeated Erin Classen 11-9, 11-5, 11-6. The final between Sayes and Besant saw the New Zealander win in one of the few matches that went to 5 games, 10-12, 12-14, 11-7, 11-2, 11-6.

Both the under 11 boys and girls event played a round-robin format due to the limited amount of participants. The boys had four entrants, Mason Boardman (3), Benjamin Murray (2) and Harry Burgess (4) of Australia and Rawdon Prothero (1) of England. The draw enabled each player to play three matches. Murray finished on top of the draw followed by Prothero in second, Boardman in third and Burgess fourth. The girls division had six entries, allowing five matches each.

Courtney Scholtz (5) (AUS) finished first followed by Macau player Yeung Wai Leng (1) in second, and Jananii Sukunesan (2) (AUS) third.

The officials for the tournament included Host State Executive Leon Barnett, Tournament Director Kay Kendall and Event Coordinator Tara Montgomery. The referees included Tournament Referee Chris Sinclair and Referees Murray Ashcroft, Mark Treloar, Mike Palfreyman, Josh Foyle, Doug Minchin, Andrew Strugnell and Nathan Turnbull as an assessor and referee. Squash Australia was very appreciative of Leon and his team of volunteers for ensuring the event ran as smoothly as possible.

The event was overall successful with 175 participants and over 200 spectators, parents and officials. The town of Devonport was very welcoming. Squash Australia would like to thank all the players for their participation, the parents, guardians and spectators for their continuous support and the staff, volunteers and referees who dedicated their time to ensure the event was as successful as possible.



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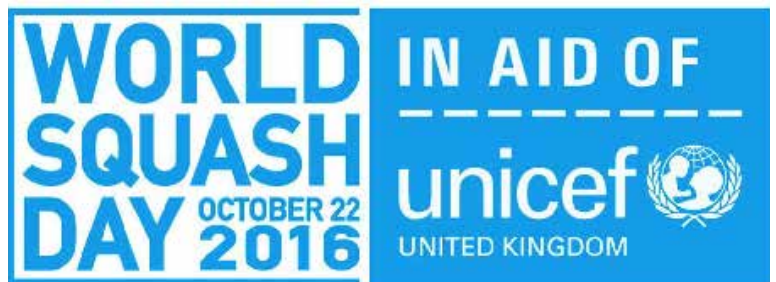
World Squash Day

The first World Squash Day event took place on January 11 2002. World Squash Day was launched in honour of Derek Sword, a former Scottish junior international squash player who moved to America and was the squash champion at New York Athletic Club.

He worked at the World Trade Centre and was killed in the 9/11 terrorist attacks in New York. A number of his friends got together to do something special to honour Derek's memory and at the same time do something tangible for the sport of squash. Hence the birth of World Squash Day.

The theme this year is to focus on the social side of the game, so that opens up countless opportunities for some amazing community events and 30-a-side friendlies (or more!). World Squash Day gives us all the opportunity to share the fun, open the doors to a wider audience and attract new (or previous) participants to the sport. Squash Australia is encouraging clubs to get involved with promoting squash with the wider community. Some great ideas on how you can get involved in this year's World Squash Day:

- Make a whole day of squash with a sponsored 24-hour squash marathon.
- Invite local organisations, schools and other community groups to join in with free coaching lessons, Kiwi Squash / Squash Start programmes and competitions.
- Run exhibition matches with your top players taking on new players.
- Arrange fun competitions and challenges for existing members.
- Celebrate with a social activity.
- Host a 30-a-side squash tournament.



If you are planning something for World Squash Day, let us know and we will help promote your event!

Send your World Squash Day plans to;
marketing@squash.org.au

Welcome to the 2016 Australian Open

President of Squash Australia



On behalf of Squash Australia, I welcome all competitors to the 2016 Australian Open.

The 2016 Australian Open will be the return of the competition to where it started in 1931. The list of winners is a fantastic historical journey through International Squash, and exemplifies the universality of the sport that is now played in over 150 countries.

Squash Australia's support of the Australian Open, and indeed the wider Australian Squash Tour is only possible through the funds invested in the sport by the Australian Sports Commission, who I wish to acknowledge. Importantly I would also like to thank the Victorian State Government through the Sporting Events Programme, and the local

sponsor group whose contributions make the Open 'an event'.

In particular, I need to acknowledge the special contribution of Squash & Racquetball Victoria in volunteering to organise the Open, the streaming of matches on the web, sponsorship generation and their efforts to build attendances.

To the event staff and referees, thank you for the work you will put into this event in 2016.

Once again, welcome to all, play hard but fair and enjoy the competition.

David Mandel
President, Squash Australia

Chief Executive of Squash Australia



As the Chief Executive Officer of Squash Australia it is my pleasure to welcome all participants to the 2016 Australian Open, here in Melbourne.

We are privileged to be the organisers of such a key event and to welcome some of the world's best squash players to the Melbourne Sports and Aquatic Centre. We hope that all visitors enjoy the hospitality of Melbourne and Australia this week.

I am sure all the administrators and volunteers

will provide any assistance you might need and will ensure you have the best possible conditions for the competition. Please do not hesitate to ask if there is anything we can do to help make this event and you stay in Australia even better. A special thanks to the VIC Government, Squash VIC and the volunteers for their support this week to make the event happen.

I wish the best of luck to all competitors though the week.

Richard Vaughan

President of Squash and Racquetball Victoria



Extending a warm welcome to the players and spectators from the Staff and Board of Squash and Racquetball Victoria. We hope that your Australian Open 2016 at MSAC is fantastic experience!

Welcoming back last year's winner and number one seed, Paul Coll, and Donna Urquhart, who is seeded number 2 in the ladies and who placed 5/8 last year. With 70 entries from 24 countries, this year promises to be a great event with strong competition.

There are many people involved in putting together this event, thank you to everyone who helped, volunteers and staff!

Of note is Betty Meagher, who has been nominated for the Hall of Fame award this year. Betty won the Australian Open title in 1946/49/50. Winning in 1950 she was 3 months pregnant with twins; when they presented the trophy to her they placed two booties on the cup. Outstanding achievement!

Looking forward to seeing you all at the Awards Night after the men's finals.

Nicci Rossouw
President, Squash and Racquetball Victoria

Mayor of the City of Port Phillip



It's with great excitement that I welcome you to the City of Port Phillip, Melbourne, for the 2016 Australian Open.

The sense of excitement for this tournament is palpable. The skills of 13 of the top 50 players in the world, the drama of the competition and the passion of fans are sure to create an intoxicating mix.

Having played squash regularly throughout my life, I'm thrilled The Open will be played in the City of Port Phillip where so many of Melbourne's best experiences - and warmest people - can be found.

The Melbourne Sports and Aquatic Centre at Albert Park is a world class facility that befits the tournament's status and an ideal location to unwind and discover the City's coastal and urban attractions. I encourage you, along with the competitors and their support staff, to seize the opportunity to experience our famous, and lesser known delights, after the competition has finished.

Welcome again to the City of Port Phillip for what promises to be an Open to remember. We hope you enjoy the diverse range of experiences on offer and that you come back to see us again soon.

Cr Bernadene Voss
Mayor, City of Port Phillip

Minister of Sport, Tourism and Major Events



On behalf of the Victorian Government, welcome to our major events capital, Melbourne, proud host of the 2016 Australian Squash Open.

Victoria lives and breathes sport. We're home to some of the biggest events in the world, including the Australian Open tennis, the Australian Motorcycle Grand Prix at Phillip Island and Melbourne's famous Spring Racing Carnival.

We're delighted to stage the 2016 Australian Open at the Melbourne Sports and Aquatic Centre showcasing world class talent at one of our state's top sporting venues.

Featuring over 70 players from 24 countries we can look forward to high quality competition and a great atmosphere with something for everyone.

The Victorian Government is proud to have provided support to Squash Australia through the Significant Sporting Events Program to stage this fantastic event.

Events like this provide an opportunity to shine the spotlight on Victoria and our world-class sports and entertainment venues.

Showcasing the best of sport in our own backyard provides inspiration for fans to emulate their heroes, join a club and get active and healthy through sport and recreation.

Hosting major events is also great for our tourism economy – providing jobs for Victorians and helping businesses to flourish.

I invite our guests to experience all the delights Victoria has to offer starting with our sporting capital Melbourne, the world's most livable city. There's an enviable array of world renowned restaurants, stunning parks and open spaces, museums, galleries and family-friendly beaches to enjoy.

Congratulations to all involved and I wish visitors, competitors, volunteers and officials an exciting 2016 Australian Open and an enjoyable stay here in Victoria.

Hon John Eren MP
Minister for Sport, Tourism and Major Events



All-star line-up set to wow Melbourne crowds

The Australian Open this year is set to be entertaining with over 20 countries visiting Australian shores in aim of taking the title for 2016. The field is tough for both men and women and it is sure to be an interesting tournament. The roll call of trophy winners at the Australian Squash Open reads like a who's who of world squash for the best part of four decades.

In more recent times, world champions like Nicol David, Laura Massaro, Ramy Ashour and Nick Matthew have contested finals of Australia's premiere squash event. Go back a few more years, to a time when Australia was the undisputed world leader of our sport, and you will find all the big names; Sarah Fitz-Gerald, Michelle Martin, Vicki Cardwell, Geoff Hunt, Rodney Martin, Chris Dittmar and Stewart Boswell, to name just a few.

It's been seven years since an Australian, Stewart Boswell, last won the men's title. You have to go back a decade to find the last Australian women's title winner, when Kasey Brown lifted the crown in 2006.

Could 2016 be the year Australians wrest back the titles? Donna Urquhart, seeded two, is a strong chance in the women's draw, while number five seed Rex Hedrick is the highest rated Australian in the men's draw.

After a two-year absence, the Australian Open returned in 2015, with Cameron Pilley making the men's final, but falling short in his quest to topple New Zealand's Paul Coll in the final. Coll will be back this year.

New Zealand's Joelle King and Hong Kong's Annie Au contested last year's women's final. Neither will be back this year, throwing the title race wide over.

Despite a lack of recent winners, Australians have won the men's title 25 times since 1980, with Rodney Martin picking up five of those crowns.

Australian women have won the title on 23 occasions, with Sarah Fitz-Gerald and Vicki Cardwell both saluting the judge on seven occasions. One other interesting statistic – in the 28 year history of the women's competition, only two finals have gone to five games – and both in the past decade.

By contrast, eight men's finals have gone the full distance.

Could 2016 be the year Australian Open title comes home?

The Women

It's ten years since there has been a hometown win in the women's draw of the Australian Open, but 2016 could be the year when the crown comes home again.

Donna Urquhart made the quarter finals of last year's Open, but will go into this year's event as the second seed, and with a current world ranking of 22.

Urquhart has drawn fellow Australian Sarah Cardwell in a tricky first round draw.

Also standing between Urquhart and glory could well be the event top seed and current world number 18, Dipika Pallikal.

India's Pallikal has not made a World Tour final since February 2015, but will fancy her chances at the Melbourne Sports and Aquatic Centre.

New Zealand's Joelle King kick started her return to top-level squash after serious injury with victory in the 2015 Australian Open, but she won't be back to defend her title this year.

With King absent the hopes of New Zealand will fall on Megan Craig, who has a good record in Australia, but goes into this year's event unseeded.

Australia's Christine Nunn will also fancy her chances on her home court, seeded at number five, while Hong Kong's Liu Tsz-Ling, with a world ranking of 31, takes the tournament third seed.

Both Nunn and Tsz-Ling made the second round of last year's Open, with Nunn losing to the eventual title winner, Joelle King.

The Men

New Zealand Paul Coll upset the locals in Melbourne last year to stare down the best Australia could offer and take the Australian Open men's crown.

24-year-old Coll beat hometown favourite Cameron Pilley in the final, finishing on top of a quality field that also included Australia's Ryan Cuskelly, Rex Hedrick and Zac Alexander.

Coll will be back this year to defend his title, and will go into the event as the top seed. And he'll fancy his chances, especially with the absence of Pilley and Cuskelly.

His form in the lead-up to the Open has been outstanding, with wins at the New Zealand International Classic and the Christchurch Open, and runner-up in the Hong Kong International.

But he faces a possible danger match as early as the second round, when he could find himself face-to-face with in-form Australian player, Zac Alexander.

Alexander has been unbeatable at a domestic level and will take on a qualifier in the opening round.

Another New Zealander, Campbell Grayson, is the event second seed, with the best placed Australian Rex Hedrick at number five.

Despite the absence of Pilley and Cuskelly, a quality international field will assemble at Melbourne's Sports and Aquatic Centre.

Qatar's world number 47, Abdulla Mohd Al Tamimi, is seeded number three, and England's Joe Lee, with a world ranking of 51, will be seeded four.



The Players

Looking into the top five seeds for each event, it is clear there is a very strong field in both the men's and women's tournament.

Number 1 seed Paul Coll is New Zealand's top squash player and is currently at his highest world ranking of 34 (June, 2016). September 2015 saw a milestone for the right-handed player, forcing his way into the world's top 50 after a win against Australian no.1 Cameron Pilley. The win came in the final of last year's Australian Open, something Coll is willing to replicate this year going in as top seed. The young Kiwi has had success in his three most recent tournaments, claiming titles of the New Zealand PSA Classic 2016, the Christchurch Open 2016 and the Southern Invercargill Open 2016. The last Australian Coll came up against was Rex Hedrick, seed 5 for the Australian Open, in the New Zealand PSA Classic. Hedrick went down 3-0.

Another Kiwi is lined up as second seed for the Australian Open. Campbell Grayson was former world number 37; however, now sits at 43 as of June 2016. Grayson had his most recent success in Qualico Manitoba Open in March this year winning 3-1 against Englishman Nathan Lake. Entering the tour in 2003, Grayson has had an array of success including back to back Las Vegas Open crowns in 2014 and 2015. The Victorian Open was the last Australian tournament Grayson participated in 2013, and won in straight games against Australian Steven Finitis.

Third seed for the Australian Open is Qatar no 1. Abdulla Mohd Al Tamimi. The young Qatar player turned professional in 2011 and is currently at his career best ranking of 47 (June, 2016). He broke into the world top 50 in April of this year after two wins in March, the El Gouna International Squash Tournament and the Qatad Circuit III. His most recent tournament was the Hong Kong

International where he went down 3-0 against New Zealand's Coll in round one.

Englishman Joe Lee enters the Australian Open as fourth seed. Lee had a career best of 29 in May 2014. Lee is currently ranked 51 and is looking to crack the top 50 again after the Australian Open. Lee will be participating in the Victorian Open, where he is seeded first, the week before the Australian Open begins. Although the Englishman hasn't had a win since 2014, coming in at fourth seed is sure to give Lee a leg-up in the competition.

Wrapping up the top 5 seeds for the Australian Open is Australia's own, Rex Hedrick. The Melbourne based player moved in and out of his career best ranking of 52 throughout 2015 and enters the tournament ranked 62. Hedrick will also be participating in the Victorian Open prior to the Australian Open. He goes into the Victorian Open as second seed. Hedrick's last two tournaments resulted in losses against Paul Coll, however had a recent win at the Malaysian Squash Tour III 2016 against Pedro Schweertman 3-0.

In the women's draw, first seed Dipika Pallikal from India is a favourite for the tournament. Pallikal reached top 10 in 2012 and again in 2014, and is now ranked 18 coming into the tournament. Pallikal was the first Indian to break into the top 10 in the World Rankings. Australia's own Sarah Fitz-Gerald will be Dipika's coach for the tournament. Prior to the Australian Open, the self-confessed reading lover will be participating in the Victorian Open.

One of two Australian's in the top 5 is second seed Donna Urquhart. Urquhart reached 13 in the World Rankings in 2011. Urquhart has been plagued with injury in recent times and enters the tournament at world number 22. Urquhart will be aiming to break into the top

20 again after the Australian Open. Her last win was at the Seattle Open in 2015 when she downed Liu Tsz-Ling, who is also competing in the Australian Open. This was Urquhart's 9th Tour title.

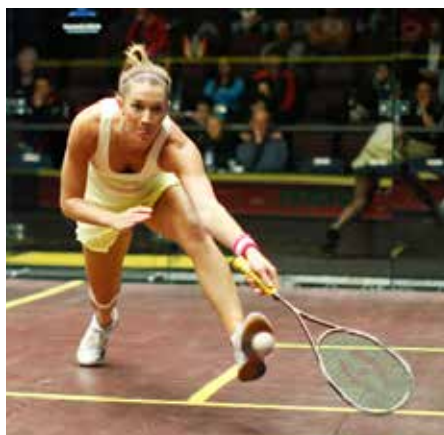
Hong Kong pint-sized super star Liu Tsz-Ling has had an impressive run on the PSA Tour. The current world number 31 is seeded third for the tournament. Her last win was in February at the International Women's Squash Championships against Amina Yousry, where she defeated the Egyptian 3-1. Tsz-Ling played in the Australian Open in 2015, where she lost in round two against fellow Hong Kong player Annie Au.

Millie Tomlinson of England enters the Australian Open as fourth seed and world number 37, her career best. In the lead up to the Australian Open, Tomlinson will be nothing short of prepared, playing the Bendigo International, followed by the Victorian Open and then into the Australian Open. Four of her last five tournaments have resulted in a win for Tomlinson with success at the Harrow Ukrainian Squash Cup, Jersey Squash Classic, Irish Squash Open and Edinburgh Sports Club Open. Tomlinson is "on a roll" and is sure to make an impression on the Australian Open this year.

Concluding the top 5 tournament seeds is another Australian, Christine Nunn. 38th ranked Nunn recently faced Hong Kong player Liu Tsz-Ling where Nunn went down fighting 2-3 at the Naza PSA Women's World Championship. The Melbourne resident will be prepared for the Australian Open after playing in the Victorian Open in the previous week. Nunn is looking to do better than the 2015 Australian Open, where she was defeated in round two. Nunn is currently sitting at world number 38 and is looking to continue improving her ranking in 2016.



Paul Coll



Donna Urquhart



Dipika Pallikal

Nicol David on her love for squash and her return to Australia

When Nicol David copied her two elder sisters, Lianne and Cheryl, and picked up a squash racquet back home in Penang when she was five years old, she had no idea she would one day become the most successful female player in the sport's history, and the biggest sporting icon Malaysia has ever produced.

David started her career young, so that by the time she hit nine years old she was already a Junior Penang State Under-14 champion and a National Junior Interstate Under-16 champion. At 14, she won the Asian Championships – at the senior level, not junior – and at 15, David took gold at the Asian

Games before becoming the youngest-ever female world junior champion in Antwerp in 1999, which catapulted her to national hero status before she even turned 16.

In 2005, David became the first Malaysian and first Asian woman to win the prestigious British Open title and a few months later, she captured her first of EIGHT World Championship trophies. The then-22-year-old was showcasing such dominance that she only lost two matches all year. In January 2006, she rose to No. 1 in the world – also a first by a Malaysian player and Asian female. After briefly losing the top spot in the rankings from April to July that year, David returned

to No. 1 and would not vacate that position for an astonishing 108 consecutive months – that is nine uninterrupted years as the best women's squash player on the planet.

This August, David will return to Australia where she will be attending the Australian Open, and participating in two exhibition matches prior to both the semi-finals on the 11th and finals on the 12th. Nicol is excited to be back in Australia, with the last Australian Open she attended 4 years ago in Canberra. "Such fond memories winning the title then too. I always like to be in Australia and it's no coincidence I'm working with the best coach, Liz Irving, who has taken Australia to win World titles in her career to grasp the true Aussie authentic flare of the game" said Nicol

The Malaysian player's most recent achievement was a semi-final finish in the Dubai PSA World Series Finals held last month. She had previously secured back-to-back PSA World Series Finals in the 2011/12 and 2012/13 seasons; however, lost to the world number 3, Egyptian Raneem El Welily, in the semi-finals of the 2015/16 season.

Furthermore, Nicol was titled the Female Spirit of Squash Player for demonstrating the spirit of squash through true sportsmanship, camaraderie and fair play on and off the court. "I am looking forward to the exhibition matches lined up for me and making the most of my off season training leading up to the match ups in Melbourne" said Nicol.

Following the conclusion of the finals, Squash Australia will be hosting the Annual Awards Night at the Grand Ballroom of the Mercure Hotel, Albert Park, which Nicol will also be attending. The Australian Open runs from 7-12th of August, 2016 at the Melbourne Sports and Aquatic Centre.

"I'm delighted to be part of the awards night. It will be great to have an evening in honour of the winners of the tournament and other award winners that is deserving of an award for their role in squash throughout Australia," Nicol said.



The importance of core strength for squash players

In the sport of squash, the ability to produce powerful and efficient strokes is of great importance. The production of this stroke power is primarily achieved by the syncing of the kinetic chain of the lower and upper body function. In order for this transfer to occur efficiently, the central core region of the body (trunk and lower back) needs to be strong. Therefore, if inadequate strength levels exist in the core muscles, then the transfer of momentum produced from the lower body through the midsection to the upper body during the squash swing may become less effective (Bennie & Hrysomallis, 2005).

The other benefit of an athlete developing a strong core is to reduce the risk of back injury. The lower back can also be problematic in squash players, due to continual bending into a deep lunge position (Figure 1) that also produces powerful rotational movements with forceful rapid changes of direction (Lees, 2003).



Figure 1: Squash players in a forehand and backhand position during a game.

What are the primarily core muscles?

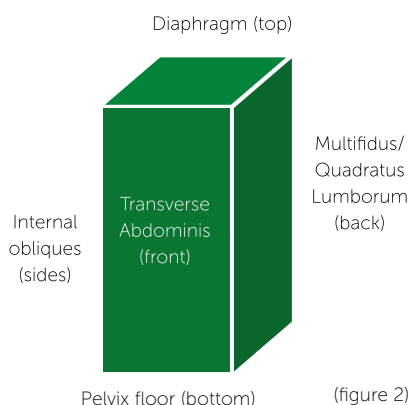
Traditionally, when term abdominals or six pack is mentioned it refers to the superficial sheath of muscle at the front of the trunk called the Rectus abdominis (RA). Other visible muscles in the trunk include the External obliques (sides) and Erector spinae (back).

The RA is primarily responsible for flexing the lumbar spine and is utilised when performing exercises such as sit ups and crunches. Cosmetically, a well-developed RA along with lower body fat levels will look impressive, but unfortunately an over emphasised RA can potentially cause a strength imbalance with the Erector spinae of the back (Lumbar spine muscles) and result in an increased lower back injury risk.

As an athlete, there are other 'Core' muscles in the trunk region that are more functional to athletic performance and assist in the protection of organs, stabilising and rotation of the spine and kinetically linking the lower and upper body for transfer of force and power. If we think of the core as a rectangular prism located between the spine (rear) and RA

(front), a better understanding can be made of these muscles (Figure 2). The 'Core' is made up of 5 or 6 primary muscles, including the Transverse abdominis, Internal obliques, Diaphragm, Pelvic floor, Quadratus lumborum and Multifidus (Jin, et.al 2008).

The Transverse abdominis (TA) has been in recent years the muscle that exercise science professionals relate as the core muscle. The TA supports and provides stability to the spine and is an important muscle in having a good posture. The best way to activate the TA is to lay on your back in a sit up position, but instead of crunching, concentrate in pulling the belly button down whilst keeping the lower back into the ground.



(figure 2)

Benefits of core training can include:

1. Greater capacity to generate speed, whether it is running, throwing, hitting or acceleration.
2. Increased ability to change direction.
3. More efficient use of muscle power.
4. Improved balance and muscular co-ordination.
5. Decreased risk of injury, by balancing strength and weaknesses of the core muscles.
6. Increased strength efficiency, allowing the body to do more with less effort.
7. Improved physical performance in conjunction with other components of fitness.

In order to understand how developing a strong core can benefit the squash player, it is important to define what muscles and movements consist within the core region and outline exercise and programming recommendations (Akuthota, et.al 2008).

Core strength definition:

"The ability of your trunk to support the effort and forces from your arms and legs, so that muscles and joints can perform in their safest, strongest and most effective positions"

(Elphinstone & Pook, 1999).

How to train the core

Although it is important to differentiate between the superficial trunk and internal core muscles, there can be a lot of information overload and we can get lost on how to correctly apply core exercises to an athlete's program.

As the sport of squash involves movements in all 3 anatomical planes, Sagittal (right and left), frontal (front and back) and transverse (top to bottom), this should be considered when implementing core training into a program (McGill, 2010).

Core program recommendations:

- Start with basic core exercises and progress within a continuum.
- Volume will depend on the strength of the athlete.
- Always master the technical aspect of the exercise prior to loading.
- Program core exercises in each plane of movement.
- Assessment of core strength should be completed with the athlete; however,

progression of exercises and load should also be evident within the training program.

- Isometric/static core exercises should be programmed for time (30-90s) and dynamic exercise using repetitions (8-15) or time.
- Utilise training tools, such as swiss balls, medicine balls, TRX, cable machines, power bands, dumbbells and glute ham machine.
- Incorporate resistance training and strengthen and stretch the muscles surrounding the hip, including gluteus maximus and medius.

Exercises

Sagittal (Right and left)	Isometric	Plank Dead bugs (Figure 3)
	Dynamic	Medicine ball slam Back extension
Transverse (Up and down)	Isometric	Paloff press (Figure 4) Lunge paloff press
	Dynamic	Wood chops Russian twists
Frontal (Front and back)	Isometric	Side plank Suitcase carry
	Dynamic	Lateral hip extensions Dumbbell side bends



Figure 3: Dead Bug



Figure 4: Paloff Press

Summary

The core isn't the only component squash athletes should be working on to improve their physical performance. A complete fitness program for the sport of squash should include cardiovascular conditioning, speed and agility, strength training, power development and greater flexibility/mobility (especially at the shoulder and hip joints).

It is important to include resistance training exercises, such as lunges, single leg squats, overhead squat, back squat and deadlift, as there is loading through the spine which forces the athlete to utilise their core muscles.

Training the core in all planes of movement using specific exercises, allows for better symmetry in the core region, and ultimately will improve core strength and make the athlete more resilient to injury.



Giovanni Capello

Head of Strength and Conditioning

Giovanni Capello (Gio) has been appointed as the Head of Strength and Conditioning for Squash Australia.

Giovanni has a wealth of experience working with both development and elite athletes in both individual and team sport environments. Giovanni has previously worked overseas with racket sports at Aspire Academy of Sports Excellence, Qatar, and was also the lead strength and conditioning coach for Badminton at Sport Institute Northern

Ireland (SINI). He holds both a Bachelor and Masters Degrees in Exercise Science and is also an accredited Level 2 strength and conditioning coach with the ASCA.

Giovanni will work closely with High Performance coach, Dan Jenson, utilising a periodised and long term development plan approach, which will ultimately better prepare squash athletes for sporting competitions.

If you have any questions regarding physical preparation of squash athletes, please feel free to contact Giovanni directly - gio@coachingfitness.com.au

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EMOTION

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SQUASH 2016/17

*Mykhailo Shibaev (Ukraine)
was a 10-time European
Squash Champion and
was ranked by WST as*



High Performance Round-Up



Since the start of 2016, Australia's elite squash players have continued to bring the country's name to the forefront of world squash.

There have been a number of notable results from our junior players this year. Australia took 9 of the 10 titles up for grabs at the AJO, with Courtney Scholtz and Benjamin Flynn Murray taking the U13 titles, Gregory Chan won the U13 title, Sze Yu Lee and Xavier James Morzone lifted the U15 titles, Grace Pattison and Maaz Khatri took the U17 titles, while Lakeesha Rarere and Alex Eustace took the U19 titles. Alex Eustace also won the U19 OJC, with Will Curtis taking the U17 title.

Australia will also be represented at the World Junior Championships in Poland this year in August. The men will be competing in the team event from the 12th-17th August, and will also compete in the individual championships along with the women from 6th – 11th August. The men selected to represent Australia in the team event are Alex Eustace, Alec Oswald, Joseph White and Will Curtis. Australia is also sending Jon van der Kreek and Nicholas Calvert to compete in the individual championships along with girls; Alex Haydon, Grace Pattison, Jessica Graham and Lauren Aspinall.

The highlight for 2016, thus far, has to be Cameron Pilley's outstanding performance at the World Series finals in Dubai in May, where he reached the finals beating world number 3 Omar Mosaad, world number 11 Simon Rosner and world number 1 Mohamed Elshorbagy on the way before losing to Gregory Gaultier in 4 tough games.

Many of Australia's best have achieved great success on the world stage as well - below is a list of our players' best results:

Alex Eustace, QLD, 18, JWR9

- Member of 2016 U19 World Junior Team
- Winner Australian Junior U19 Open
- Winner Oceania Junior U19 Championships

William Curtis, WA, 17, JWR124

- Winner 2016 U17 Oceania Junior Championships

Ryan Cuskelly, USA, 29, WR16

- Member of World Doubles Team, playing doubles with Cameron Pilley
- Semi-finalist at Houston Open 50K
- Quarter-final at Motor City 70K

Camron Pilley, Netherlands, 33, WR14

- Member of World Doubles Team; mens with Ryan Cuskelly and mixed with Rachael Grinham
- Runner-up at World Series finals in Dubai
- Quarter-finals at Grasshopper 70K
- Quarter-finals at Canary Wharf 70K

Rhys Dowling, QLD, 21, WR139

- NT Open 5K semi-final
- Perth Open 5K semi-final
- Golden Open 5K semi-final

Joseph White, QLD, 18, JWR39

- Member of 2016 U19 World Junior Team
- NT Open 5K quarter-finalist
- 3rd at Australia U19 Junior Open
- 3rd at Oceania U19 Junior Open

Rex Hedrick, VIC, 27, WR56

- Member of World Doubles Team, playing mens doubles with David Palmer
- Runner-up at New Zealand 15K
- Winner at Malaysian 10K

Zac Alexander, QLD, 27, WR93

- Winner Perth 5K
- Winner NT 5K

Matthew Hopkin, QLD, 25, WR107

- Quarter-final at Kent 10K
- Semi-final at Jersey 5K
- Quarter-final at Wimbledon 25K

Joshua Larkin, NSW, 26, WR88

- Winner Inno Wood 5K
- Runner-up Pilatus 5K
- Quarter-final at Swiss 10K
- Quarter-final at Christchurch 10

Lakeesha Rarere, QLD, 19, WR103

- Winner Australian Junior U19 Open
- Quarter finals at Malaysian Tour
- Semi-finals at NT open

Christine Nunn, VIC, 25, WR36

- Member of World Doubles Team playing Doubles with Sarah Cardwell
- Runner-up Calgary 15K
- Semi-final at Seattle 10K

Lisa Camilleri, QLD, 33, WR63

- Runner-up Malaysian Tour 5K
- Runner-up NT 5K
- Semi-finals at Perth 5K
- Semi-finals at Sandgate 5K

Rachael Grinham, QLD, 29, WR20

- Member of World Doubles team playing Doubles with Donna Urquhart and mixed with Cameron Pilley
- Quarter-finals at HKFC 25K

Donna Urquhart, NSW, 29, WR21

- Member of World Doubles team playing Doubles with Rachael Grinham and mixed with David Palmer
- Semi-finals at HKFC 25K
- Last 16 at British Open

Sarah Cardwell, VIC, 24, WR47

- Member of World Doubles team playing Doubles with Christine Nunn
- Quarter-finals at Calgary 15K
- Semi-final at Seattle 10K

Jessica Turnbull, QLD, 20, WR91

- Semi-Finals at Sandgate 5K
- Quarter-finals at Perth 5K

Tamika Saxby, NSW, 23, WR93

- Semi-finals at Sandgate 5K
- Winner of Perth 5K

Welcome to the 2016 World Doubles

President of Squash Australia



On behalf of Squash Australia, I welcome all the competitors, team officials and squash enthusiasts to the 2016 World Doubles Championship, here in Darwin, Northern Territory, Australia. We are a small group of seven nations – Wales, Scotland, New Zealand, Malaysia, India, Columbia and of course Australia, who each take Squash Doubles seriously, and hope that the attraction of this version of the sport will grow at the elite and the club level, as well as a spectator sport.

Let me highlight for you, that this Territory contains all the iconic images of Australia that are part of the countries origins that you have seen before you arrived. Uluru, Catherine Gorge, crocodiles, the outback, Kangaroos,

and our original residents, and newer arrivals playing the didgeridoo. I hope you make the opportunity to see some of these sights yourself, before you leave.

As Darwin was resilient after Cyclone Tracy almost totally destroyed it many years ago, and as you can see it is now bigger and better than ever, we hope that World Doubles Squash after a ten-year hiatus, will also return bigger and better than ever. And this tournament is the first step in its resurgence.

We need to note our appreciation for the support we have received from our partners the Australian Sports Commission and the Australian Institute of Sport in general, and more particularly the Government of the Northern Territory. They have not only funded this wonderful centre, and the planned expansion, but have also generously sponsored this particular event.

We recognise the significant contribution from the members of Squash NT who with the staff of Squash Australia have converted this idea into a reality for all of us. To the event staff and referees, thank you for the work you will put into this event in August 2016.

Once again, welcome to all, play hard but fair and enjoy the competition.

David Mandel
President, Squash Australia

President of Squash Australia



As the Chief Executive Officer of Squash Australia it is my pleasure to welcome all participants to the 2016 World Doubles Championships, here in Darwin.

We are privileged to be the organisers of such a key event on the World Squash Federation calendar and to welcome some of the world's best squash players to the Darwin Squash Centre.

We hope that all visitors enjoy the hospitality of Darwin and Australia this week.

Chairperson of Squash NT



On behalf of Squash Northern Territory and our members, we welcome all participants involved in the 2016 World Doubles Championships and wish you all every success.

With the support of the Northern Territory Government, who provided sponsorship for the championships, coupled with the funding for our state of the art squash centre, we are confident that all our visitors will enjoy their stay in Darwin while competing.

Darwin is uniquely placed to hold these types of events and attracts world class competition, not just in squash, but other major sporting events. As the official gateway to Asia, we are poised to take advantage of our location in being the sporting capital of Northern Australia.

I would also urge you to visit some of our iconic tourist attractions whilst visiting. Why not visit the "Cage of Death" at Crocosaurus Cove and get up close and personal with one of our local reptilians! Or take a harbour cruise and enjoy our suburb dry season weather and maybe even go fishing for our \$1 million barra!

Once again – a very big welcome and I look forward to meeting most of you over the week.

Sue Shearer
Chairperson, Squash NT

I am sure all the administrators and volunteers will provide any assistance you might need and will ensure you have the best possible conditions for the competition. Please do not hesitate to ask if there is anything we can do to help make this event and your stay in Australia even better.

A special thanks to the NT Government, Squash NT and the volunteers for their support this week to make the event happen. I wish the best of luck to all competitors though the week.

Richard Vaughan
Chief Executive, Squash Australia



Chief Minister of the Northern Territory

The Northern Territory Government is proud to host the 2016 WSF World Doubles Squash Championships in Darwin.

It is a fantastic opportunity to showcase the Northern Territory's wonderful lifestyle, weather and facilities to Asia, South America and the United Kingdom. Our Squash complex in Darwin is world class. Completed in 2012, the \$4 million facility provides twelve state-of-the-art courts, kiosk, change rooms and administrative

offices. Our squash culture is strong here in the Northern Territory with a fantastic group of junior, senior and social players. To have the likes of Cameron Pilley, Ryan Cuskelly, Rachel Grinham and Donna Urquhart playing here in Darwin will be a great experience and learning opportunity for all who attend. I look forward to seeing you in August.

Adam Giles
Chief Minister, Northern Territory



The Director of AIS

Welcome to the World Doubles Squash Championships in Darwin, a great international event to showcase both Australia's love of sport and a wonderful area of our country.

It has been 10 years since Australia last hosted this tournament, in Melbourne in 2006. It is fantastic to see it return to Australia and we are happy to host the six visiting nations. We also look forward to welcoming many of you back in two years for the 2018 Gold Coast Commonwealth Games.

Australia has a strong and proud history in squash. Australia is the most successful nation in squash at the Commonwealth Games, having won nine gold medals – six of those gold medals have been in doubles events. Australian teams are attempting to defend two of the three titles at the World Doubles Championships, the men's and mixed titles. It is a wonderful opportunity for

Australian sporting fans to see some of our very best players live in action, including Commonwealth Games gold medallists such as Cameron Pilley, David Palmer and Rachael Grinham.

But our athletes face a major challenge from some of the world's very best players. We know the competition will be fierce, but the tournament will be played in the very best spirits.

The Australian Sports Commission and the Australian Institute of Sport are strong supporters of squash investing \$800,000 a year to support both high-performance and participation.

Have a great tournament and may the best teams win.

Matt Favier
Director, AIS



President of WSF

It is a great pleasure to extend a very warm welcome on behalf of WSF to all players, referees, sponsors, press and spectators attending the WSF World Doubles Championships. We are pleased to have the World Doubles event going ahead in Darwin in Australia as the country has a great record of Doubles success since squash began in the Commonwealth Games in 1998. Nations looking forward to the Commonwealth Games in Australia in two years and the next PanAm Championships and Games will be enthusiastically participating.

I am sure that you will find the facilities at the Darwin Squash Centre excellent, with a great welcome and atmosphere for players and spectators alike.

Our thanks go to Squash Australia, their staff, the centre management, to the sponsors, the city and most importantly, to all the volunteers required to stage such a World Championship.

My very best wishes on behalf of WSF to all involved, especially the players: have a very enjoyable and successful event.

N. Ramachandran
President, World Squash Federation



World Doubles

The 2016 World Doubles Championships (WDC) are to be held at the Darwin Squash Centre, Darwin NT. The venue will become home to the seven participating nations; Colombia, India, Malaysia, New Zealand, Scotland, Wales, and Australia. Some of the world's biggest names will be in attendance at the WDC for what is sure to be the biggest doubles tournament of the year.



Colombia

Colombia is sending five athletes to the WDC. Notably, in attendance is Miguel Angel Rodriguez and Catalina Pelaez. Former world number four, Miguel Angel Rodriguez is a record-breaking Colombian who was the first South American ever to reach semi-finals of a PSA World Series. During the 2014/15 season, Rodriguez broke into the top five for the first time, quickly becoming a crowd favourite. The last Australian Rodriguez came up against was Ryan Cuskelly at the Qatar Classic, 2015 in the Quarter Finals. The mammoth match went for 88 minutes with Cuskelly coming out on top 3-2. Catalina Pelaez reached a career high of 56 in October of 2015. The young Colombian hasn't played a PSA tournament in Australia yet and is one to keep an eye on throughout the World Doubles.



Malaysia

Malaysia is sending over the largest team, with 8 athletes on track to attend the WDC. Mohd Nafiizwan Bin Mohd Adnan (Nafiizwan Adnan) had a career high ranking of 29 in October 2015. It has been a few years since Adnan has versed any Australian, however will be in the mix amongst Australians Pilley and Hedrick after their previous meetings in 2014. Adnan has had great recent success after winning the Hong Kong international against New Zealand favourite Paul Coll. September 2015 saw Delia Arnold reach a career high ranking of 12. Arnold has only recently versed an Australian in an international event. The Hong Kong International 2016 saw Donna Urquhart meet Arnold in the Quarter Final. After a four game match and 49 minutes of intense squash, Urquhart prevailed 3-1. The WDC won't be Arnolds first visit to Australia. She participated in the 2015 Australia Open, losing in the semi-finals to the eventual winner Joelle King of New Zealand.



India

India is bringing in recent Commonwealth Games Women's Doubles Champions Joshana Chinappa and Dipika Pallikal Karthik. The pair defeated Duncalf and Massaro of England 2-0 to take the title. Karthik is seeded first for both the Victorian and Australian Opens which are hosted in the weeks before the WDC. Chinappa is currently world number

11, which is her career best ranking. She has previously versed Australian Donna Urquhart in the British Open, who is also competing at the WDC. Following suit of other athletes, Saurav Ghosal reached his career high in September 2015 with a world ranking of 15. Ghosal will travel to the WDC alongside Harinder Pal Singh Sandhu. Sandhu, the current world number 70, will travel to Darwin following the Victorian and Australian Open as well.



Wales

Wales are sending over two men and two women to Darwin. Tesni Evans and Peter Creed are currently ranked 26 and 80 respectively. Creed has a reputation of being energetic and exciting on the court. Only recently, Creed has come up against Australian Rex Hedrick in the Invercargill Open losing to the Australian 0-3. Evans has also come up against other World Doubles contestants recently. In the Hong Kong international, Evans lost to Australian Rachael Grinham in an epic 5-game match. Evans has also met with Delia Arnold (MAS) in the Guggenheim Open. There are sure to be some interesting re-matches in Darwin during August.



Scotland

Scotland will also be sending teams over for the World Doubles Championships. Scotland will send two men's teams and two women's teams. The attendees are not-yet confirmed; however, are bound to be strong contenders for the title.



New Zealand

New Zealand's teams are also yet unconfirmed; however, they will be sending two men's, two women's and two mixed teams to the WDC. New Zealand has had a big year of PSA tournaments, no doubt training their athletes to perform as well as possible in Darwin.



Australia

The Australian contenders have had multiple successes in doubles in recent years. The 2014 Glasgow Commonwealth Games saw the Australian mixed and men's teams win gold in their respective events. David Palmer teamed up with Rachael Grinham to take the win off the English team 2-0. Palmer then backed up with Cameron Pilley to win against the Englishmen again 2-1. Although Palmer has now retired, Pilley will take the lead of the Australian team. While Pilley recently lost in the final of the Dubai World Series Finals, it is no secret he is on-top of his game and is ready to take on Darwin. Another notable name, Rachael Grinham, has recently versed WDC contenders at the Hong Kong International. Grinham defeated Welshwoman T. Evans 3-2 in Round 1 of the tournament, followed by a close loss to Indian J. Chinappa 2-3 in the Quarter Finals.

David Palmer

Birth Place:

Lithgow, NSW

Date of Birth:

28 June, 1976

Current Ranking:

N/A

Highest Ranking: 1 (Sept - Dec 2011)**Height:** 188 cm**Racquet Hand:** Right

Cameron Pilley

Birth Place:

Yamba, NSW

Date of Birth:

27 October, 1982

Current Ranking:

14 (June, 2016)

Highest Ranking: 11 (Jan, 2011)**Height:** 193 cm**Racquet Hand:** Right**Interests:** Sport, Backgammon, South Sydney Rabbitohs

Rachael Grinham

Birth Place:

Toowoomba, QLD

Date of Birth:

22 January, 1977

Current Ranking:

20 (June, 2016)

Highest Ranking: 1 (Aug, 2004 – Nov, 2005)**Height:** 157 cm**Racquet Hand:** Right**Interests:** Sun, Sport, Theatre

Ryan Cuskelly

Birth Place:

Evans Head, NSW

Date of Birth:

15 July, 1987

Current Ranking:

16 (June, 2016)

Highest Ranking: 15 (March, 2016)**Height:** 179 cm**Racquet Hand:** Left**Interests:** Golf, Surfing

Donna Urquhart

Birth Place:

Yamba, NSW

Date of Birth:

19 December, 1986

Current Ranking:

22 (June, 2016)

Highest Ranking: 13 (May, June, July, Oct, Nov, 2011)**Height:** 178 cm**Racquet Hand:** Left**Interests:** Surfing, Singing

Rex Hedrick

Birth Place:

Melbourne, VIC

Date of Birth:

1 November, 1988

Current Ranking:

62 (June, 2016)

Highest Ranking: 52 (March, June, Aug, Oct, 2015)**Height:** 176 cm**Racquet Hand:** Right**Interests:** Aussie Rules Football

Sarah Cardwell

Birth Place:

Melbourne, VIC

Date of Birth:

10 October, 1991

Current Ranking:

51 (June, 2016)

Highest Ranking: 51 (Dec, 2012, June, 2013, June, 2016)**Height:** 158 cm**Racquet Hand:** Right**Interests:** Shopping, Travelling, Comedy

Christine Nunn

Birth Place:

Canberra, NSW

Date of Birth:

4 April, 1991

Current Ranking:

38 (June, 2016)

Highest Ranking: 38 (June, 2016)**Height:** 170 cm**Racquet Hand:** Right**Interests:** Beach, BBQ's, Family, Friends

A world class partnership

Squash Australia is excited to see the full Australian team back on home ground at the World Doubles in Darwin this August. Particularly exciting will be seeing Cameron Pilley and Rachael Grinham team up to battle it out on the doubles court. Pilley's recent success on the world stage and Grinham's pedigree on the doubles court should set the stage for the electrifying tournament.

Cameron's recent success at the lucrative Dubai World Series Final turned the ultimate underdog story into one of ultimate success. The World No. 13 pulled off one of the biggest upsets in PSA World Series Finals history when he downed odds-on title favourite Mohamed El Shorbagy, the World No.1, in straight-games. The semi-final victory booked Pilley into a final showdown with former world champion Frenchman Gregory Gaultier, in front of Dubai's iconic Burj Khalifa. The season-ending event brought only the top eight players on the Road to Dubai

Standings together to compete for a lucrative \$160,000 purse. Pilley, who scraped into the competition at the last moment, took full advantage of the opportunity presented to him as he played with a relaxed and calm manner to produce some of his best squash this season.

Pilley started playing squash from as young as three years old, and now has thirteen years' experience on the professional tour under his belt. He believes that squash exemplifies everything that an athlete is; stamina, endurance, speed, strength, flexibility and mental toughness. He attributes his success to hard work and the determined Aussie "never say die" attitude.

Pilley's success goes hand-in-hand with Rachael Grinham's success over her career. Considered one of the best female doubles squash players in the world and one of the most recognisable names on the PSA World

Tour, Rachael Grinham is still the highest ranked female Australian Squash player.

Grinham, who is one of the most recognisable names on the PSA World Tour, reached World No.1 in 2014, and maintaining the title for 16 months. Her success began after she won the World Junior Championships at the age of 16 and cracked the world top 20 only 4 short years later.

Grinham had slipped out of the top 20 earlier this year; however, regained the 20th spot in March. Not only has Grinham had an illustrious singles career, her doubles career is nothing short of impressive. The experienced and dangerous player has been dubbed one of the best doubles players in the world for her quick reflexes and rapid decision making.

We caught up with Rachael and Cameron before they team up at the World Doubles in August:

Rachael's Interview

Are you looking forward to going down to Darwin?

Yes, I am. I always look forward to doubles events. I really enjoy playing doubles, but unfortunately there are nowhere near as many doubles events as singles to play. There looks to be a good mix of competition from international countries as well, so it should be a well-contested event.

You have had a lot of success in doubles, most recently in the 2014 Commonwealth Games. What do you think your chances are of taking this event?

I would say we have a good chance, but there are also some other teams who look very good on paper who I would say have a good chance also. Doubles is hard to predict as we don't get to play it very often and there are always new pairings popping up. If we perform well though I believe Australia has good chances to take medals in every event.

How much doubles practice are you able to get?

Unfortunately, it's not that easy to get much doubles practice in as we all are based in different parts of the world. On the positive side there are not many other teams who

practise often either as there aren't that many international-sized doubles courts in the world. In Australia we are lucky to have a number of facilities around the country to use - it's more a matter of the players being in Australia to be able to take advantage.

We are interested in hosting a doubles event for the Australian Closed, would you be interested in playing?

I'm always interested in playing doubles events!

You may know we are bidding to host the 2018 World Doubles; what impact do you think hosting the World Doubles in 2018 will have for our team's preparation for the 2018 Commonwealth Games?

Certainly the more doubles we can practise and be exposed to in the lead up to the Commonwealth Games, the more prepared we will be heading into the event. Even more so if we are able to use the Commonwealth Games facilities and familiarise ourselves with them.

You are set to partner with Cameron Pilley in mixed doubles and Donna Urquhart in women's doubles, are you excited to be partnering with them?

Yes, these are very exciting times.

I have played a lot of doubles in previous Commonwealth Games but I've mainly paired with the same players over the years. This year I have new partners in both women's and mixed events. Cameron is a gold medallist himself, so this is a great chance for us to pair up and see how we go together. Donna also is up there with the strongest women players in the world - a lefty also which can be very handy in doubles - so I believe I have very strong partners and if we play well have very good chances. I'm excited to get there and kick off the event.



Cameron's interview

Are you looking forward to being back in Australia?

I can't wait to come back to Australia! It's going to be great to see my family and friends back home in Yamba. The last time I was home was early January so I am due some home time. Also, it is going to be exciting to play in front of our home crowd at the World Doubles in Darwin. We rarely get a chance to compete on Australian soil, so I hope there is a good crowd up there cheering us Aussies on!

You have had a lot of success in doubles, most recently in the 2014 Commonwealth Games.

What do you think your chances are of taking this event?

I've played a lot of doubles over the years and had a lot of success so the goals for the World Doubles will be to win both events with my partners. It is going to be hotly contested in all categories with many foreign teams, but hopefully the home crowd will see us to a win.

How much doubles practice are you able to get?

Unless there is a doubles event on the horizon, I don't practice at all. For me the main focus is the PSA World Tour, but as soon as a doubles event is upcoming then we switch the focus and make sure we are sharp and ready for the event.

We are interested in hosting a doubles event for the Australian Closed, would you be interest in coming?

I think if it is done right, it could be a good idea, but we need to get the Australian Closed event back on for starters.

You may know we are bidding to host the 2018 World Doubles; what impact do you think hosting the World Doubles in 2018 will have for our team's preparation for the 2018 Commonwealth Games?

It would be ideal preparation! Having a major doubles event before the Commonwealth Games would be perfect to get some serious matches in before the Commonwealth Games kicks off on the Gold Coast.

You are set to partner with Rachael Grinham in mixed doubles and Ryan Cuskelly in men's doubles, are you excited to be partnering with them?

Yes, I'm really looking forward to partnering up with Cusk and Rach. Cusk and myself played together at the 2010 Commonwealth Games in India and we took Silver, almost knocking off the Gold medallists in the semi. We're good mates and we've played a lot of squash together, so I think we will gel well. Rach is arguably the best female doubles player out there, so I'm really looking forward to partnering up with her and try to take the title.



Centre Opportunities



CT Glass Court - For Sale

Used at The Australian Squash Championships in Canberra 2011/2012/2013 and also at the Bathurst Masters Championships in 2014. The glass court is still for sale \$100,000 ono.

For more information, contact Robert McComas on robert.mccomasact@gmail.com

Caboolture Squash Centre - For Sale

This centre is located in Caboolture, one of the fastest growing shires in Australia. Caboolture has over 150,000 residents and growing very fast. Caboolture Squash has been established since 1973 and the current lessees have been running this business for over 11 years and have turned it into one of the best centres in Queensland. The centre has 6 Squash courts, one is glass backed, fully equipped established, air conditioned 24/7 Gym with many long term members, Sauna, Table Tennis, Indoor Volleyball and a Basketball hoop.

The building has just been renovated and is in excellent condition. There are established in house competitions on Monday & Wednesday nights, Brisbane competition on Thursday nights and Friday mornings and Junior competition on Saturday mornings. The business is fully established and also has a liquor licence. The business comes with a 3-bedroom house attached to the centre and a guest room for visitors. The sale of the business includes everything as it is, a long lease, all gym equipment, all stock, all furniture & fittings & all the equipment including databases and programs. The current lessee is retiring.

For further information, contact: Jon Stevenson on (07) 5495 1874 or cabsquas@bigpond.net.au



Lismore Squash Centre - For Sale

Large house, 2 bath, 3 bed, 2 lounge, 6 well-maintained squash courts. On main road close and to CBD. Squash is still strong in Lismore. There are 2 competitions with about 100 players in total. They hover around 30 juniors. There are also 16 teams of Rebound Volleyball and many regular social squash players. The courts are maintained to a high standard. Check out the 'before and after' photos at lismoresquash.com

Asking price:

House, Land and Courts: \$595000

House, Land, Courts and Business: \$605000

For more information, contact: Brenton Lewis and Beverley Lavender on (02) 66212914

Yamba Squash Centre - For Lease

Yamba township is becoming a tourism mecca and residential hub with more than 200 new home sites currently being developed. The Yamba Sports Centre has three glass backed squash courts, specifically designed as a squash centre including toilet and shower facilities, showroom and ample parking space. This unique town centre property is ideal for a large space user and has potential to add value by extending the building. There is additional land area to subdivide for sale (STCA). For more information, contact:

Judith Ann Forrester of Professionals the Clarence Coast Real Estate on 0428 455 000 or (02) 6645 5000



CLUB VS. COUNTRY



JOSH FOYLE

What club do you play for?

Redcliffe pcyc, Brisbane

Greatest achievement in squash?

A grade champion – Coffs Harbour

How many hours/week do you train?

3-5 Hours if possible

What year was Squash Invented?

1950

Do you know the place or country?

No Idea, Maybe England...

How long did Heather Mackay go unbeaten for?

5 years

How Many British Opens did Geoff Hunt win?

Just a guess, 5?

What year and where was Squash first played in the Commonwealth Games?

20 years ago...

Who held the record for the fastest Squash hit before Cameron Pilley?

John White!

2/6



RYAN CUSKELLY

What club do you play for?

Lifetime athletic, NYC

Greatest achievement in squash?

2X Commonwealth Games, 1 Bronze
World Series semi finalist, PSA 35 win

How many hours/week do you train?

25 in competition

What year was Squash Invented?

1910?

Do you know the place or country?

England!

How long did Heather Mackay go unbeaten for?

15 years...

How Many British Opens did Geoff Hunt win?

8!

What year and where was Squash first played in the Commonwealth Games?

KL in 96?

Who held the record for the fastest Squash hit before Cameron Pilley?

Whitey!

3/6

VS.

Answer: 1830 | Harrow School, England | 19 Years | 8 | Kuala Lumpur 98 | John White (AUS)

Annual Awards set to dazzle among stars

For over 10 years, the Annual Awards Night has been a highlight of the Australian squash calendar. The night celebrates the commitment and accomplishments from personnel within the squash community, as well as the dedication and achievements of its athletes.

Once every year, alongside the Australian Open, Squash Australia delivers an evening dedicated to the members of Australian squash for their successes from the preceding year. The 2016 Awards Night in Melbourne will acknowledge the award winners for their achievements in 2015, alongside a three-course meal, drinks package, live auction, memorabilia and much more.

Nominations were opened in April of this year, and due to a large amount of interest, Squash Australia extended the nomination period until

mid-June. 2016 saw the introduction of public voting, which enabled the squash community to vote alongside a Squash Australia voting panel.

This year, the Annual Awards Night will be attended by some of the world's best squash players. Australian number one male and female players, Cameron Pilley and Rachel Grinham, will be joined by Donna Urquhart, Ryan Cuskelly, Rex Hedrick, Christine Nunn and Sarah Cardwell just to name a few. The Awards Night will also welcome former world number one Nicol David as well as Squash Australia's key stakeholders and VIP's.

The Squash Australia Annual Awards Night is set to be held on the 12th of August, 2016 at the Mercure Hotel, 63 Queens Road, Melbourne VIC 3004. Tickets can be purchased from squash.org.au



Last Year's Winners

Laura Moloney and Sam Ejtemai were welcomed into the history books by winning the Female and Male Junior Player of the Year Awards respectively, for the first time. Tim Cowell joined the pair by winning the Coach of the Year Award for his coaching efforts, alongside Mark Bridle who was also a rookie when he won his first Volunteer of the Year Award. Damien Green was granted his second Referee of the Year award a decade after winning his first. David Palmer, no stranger to the honour board, achieved his fourth Senior Athlete of the Year Award.

Award	Winner
Coach of the Year	Tim Cowell
Junior Male Player of the Year	Sam Ejtemai
Junior Female Player of the Year	Laura Moloney
Senior Player of the Year	David Palmer
Referee of the Year	Damien Green
Volunteer of the Year	Mark Bridle
Distinguished Service	Peter Wright
Hall of Fame Member	Steven Bowditch
Hall of Fame Legend	Vicki Cardwell

The criteria: recipients 2016

Senior Player of the Year

The Senior Player of the Year must have participated in Squash Australia recognised events, world results and contributed to the sport both on and off the court.

Junior Male Player of the Year

The Junior Male Player of the Year must have had results at AJO, AJC or OJC, results at local State Title events, improvement rate throughout the year and is courteous and polite on the squash court.

Junior Female Player of the Year

The Junior Female Player of the Year must have had results at AJO, AJC or OJC, results at local State Title events, improvement rate throughout the year and is courteous and polite on the squash court.

Coach of the Year

The Coach of the Year must have done coaching work in support of Squash Australia programmes, coaching work in support of squash in Australia, must have worked with young players and show an improved rate of coaching development through the year.

Club of the Year

The Club of the Year must be a registered club/centre with the largest increase in affiliations, compared to the previous year, must have hosted events, worked closely with Squash Australia's programmes, had players compete in pennant competitions and used Matrix and Play Squash. They must have participated in OzSquash initiatives and have a track record of recruiting new/ social players.

Volunteer of the Year

The volunteer must have contributed to Squash Australia programs, contributed to squash in Australia, volunteers in their spare time, works with young players and works to support events.

State/Territory of the Year

The State/Territory of the year must have fulfilled the below requirements:

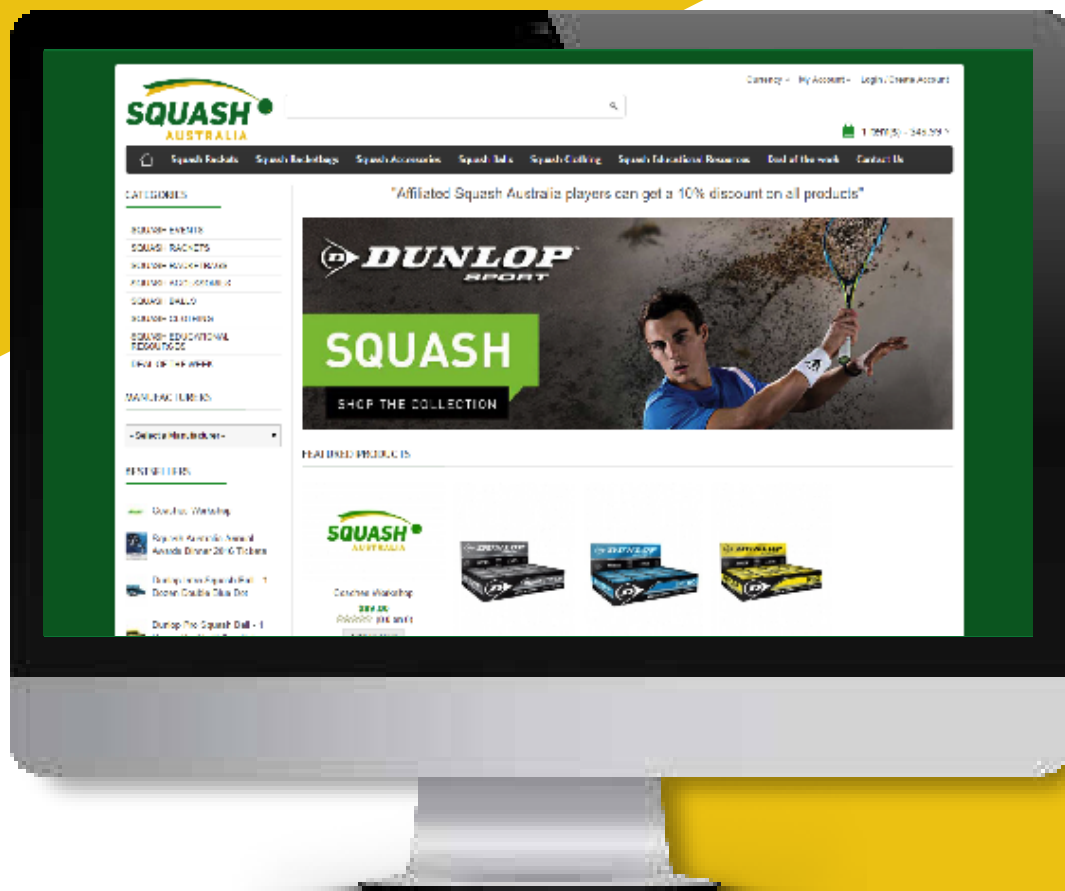
- % Increase in recorder (PlaySquash) affiliation numbers
- % Increase in Coach education courses delivered
- % Increase in State Squash court numbers
- % Increase in Club level Referees
- % Increase in School registration number
- % Increase in University registration number
- State Open event above 20k in prize money (total prize money)
- % Increase in Matrix players
- Number Players in Squash Australia 'Winning Edge' Squad
- Points for active Facebook and Twitter account
- Points for State streaming capability at events linked to SquashAustralia.tv
- Documented State linked positions within the State Political Sporting landscape – Politician, State Department of Sport, State Sport Federation or State Academy of Sport.

Referee of the Year

The Referee of the year must have achieved notable qualifications within the year, refereed at major events and have a strong commitment in support of referee development in Australia.



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PRO

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The Pro squash ball has the fastest bounce of all four balls in the range. Available for advanced players.

weight

11.15g

COMPETITION

Intermediate Players

The Competition squash ball is the same size as the Pro ball but is 10% longer and has a 10% longer hang time. Available for intermediate players.

weight

11.5g

IMPROVER

Improver Players

The Improver squash ball is 15% larger and has a 20% longer hang time than the Pro. Available for improver players.

weight

12.5g

BEGINNER

Beginner Players

The Beginner squash ball is 15% larger and has a 35% longer hang time than the Pro. Available for beginner players.

weight

14.5g

Official Ball



OFFICIAL PARTNER

Squash Australia launch Participation Plan for 2016-2020

Sustainable facilities, increased awareness, and a large and focused workforce are three of the priorities identified under Squash Australia's new vision for the growth of the game. June 2016 marked the launch of Squash Australia's first ever plan focused on the growth of squash

"I've spent a lot of my life playing squash and I'm excited to be in a role dedicated to getting more players involved, to encourage more people to share in the experiences I've had,"

Jordan Till

in Australia. 'Activating Squash 2016-2020' provides a platform upon which Squash Australia, its State and Territory Associations, clubs, centres and more, will make a consolidated effort to arrest the decline in participation and build a new, exciting future for the game.

Squash Australia CEO Richard Vaughan says the strategy is important as it speaks to all stakeholders of the sport. "It's not just a plan for Squash Australia," Vaughan says. "Our State and Territory Associations in particular have contributed a lot to the development of 'Activating Squash'. It picks up on the themes within our Strategic Plan but is the first time we've put to paper the roles of the States and clubs, to ensure we're all playing complementary and supporting roles to turn the game around."

The plan comes at a crucial time for squash. Data from Australian Bureau of Statistics show the sport has suffered year-on-year declines in adult participation rates, from over 300,000 participants in 1998 to just over 100,000 in

2013. The Australian Sports Commission (ASC) who initiated the plan's development, are impressed with the ideas produced by the members of the Sport. Participation Advisor to Squash Australia, Adam Castle, says "The ASC welcomes the launch of the new plan for the growth of squash. The vision shown by the stakeholders in developing 'Activating Squash 2016-2020' shows a willingness to test new ideas, to speak to a wider audience. We're excited to partner with Squash Australia in support of this vision."

The launch of the plan coincided with the commencement of Squash Australia's first dedicated staff member for the 'participation' aspect of the sport. Jordan Till, who commenced late May, brings to the role an in-depth knowledge of squash gained as a long time player, referee and administrator in Rockhampton and Brisbane.

For further information regarding the plan, contact Jordan Till at: participation@squash.org.au

Squash Australia reveals plans to get more kids into squash

Squash Australia has announced a continuation of State and Territory Association funding for its OzSquash program, as it continues to look at ways to engage and attract juniors to the game.

Up to \$40,000 will be available to State and Territory Associations over the 2016/17 financial year, depending on the success of the program in each area.

Squash Australia Participation Coordinator, Jordan Till, said there were lots of opportunities to grow squash in Australia.

"All States and Territories have spoken of the importance of exposing and engaging children to the game of squash, and we see OzSquash as our best tool for achieving this.

The Federal Government has committed to the continuation of the Sporting Schools program until June 30, 2017, and Till said the money being offered by Squash Australia will hopefully boost Squash's success within it.

"It's vital we make the most of the Sporting Schools program to get kids involved in squash," said Till.

The funding announcement is just one in a series of changes made to reduce barriers to the success of OzSquash, which has held the program back from fulfilling its potential. Other crucial changes include making it easier for teachers to pick up and deliver the program through the use of Squash Australia's new eLearning platform, and vastly reduced costs to schools.

A drop in the price of equipment kits has already resulted in many more kits being available for schools and clubs to use, and that will ultimately mean more children will be able to get their hands on a squash racquet. The new eLearning platform will make it easier for coaches and teachers to become accredited to deliver OzSquash programs through a completely online process. The recent changes, are expected to lead to good growth in program delivery over school terms 3 and 4 in 2016.

The Sporting Schools Project Officer with the Australian Sports Commission, Tim Widdison, also welcomed Squash Australia's initiative.

"These changes should really help to get more children involved in the OzSquash program in the Sporting Schools landscape, and I'm excited to see future success," Mr Widdison said.

For more information regarding OzSquash and the Sporting Schools program, visit www.squash.org.au/ozsquash or contact Jordan Till at participation@squash.org.au.

"I've loved watching kids develop valuable movement skills with the help of a squash racquet. The program is a lot of fun- for me and the kids. We share a lot of laughs and burn a lot of energy."

Lisa Camilleri

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PARTICIPATION@SQUASH.ORG.AU

Supported by Sporting Schools

A new experience with Squash Australia

New Website

As part of our commitment to continuously improve our service to our customers, Squash Australia is delighted to be unveiling our brand new website soon. Our new site will feature improved functionality, design and navigation with exciting new features making it easier than ever to find centres, coaches and programmes in your area.

Squash Australia aims to add value to its members, and as such, we are proud to announce the launch of our new member benefits portal, where members can save up to \$10,000 dollars annually. The new member benefit portal will be available through the new website for all registered members. The website will have a login point for all registered members of Squash Australia. Under the Membership tab, registered members can select the member benefits section to head directly to the member portal at benefits.squash.org.au.

On this portal, members will receive discounts on over 120 companies delivering instant benefits and savings through interactive digital interfaces. We are proud to partner with Australia's largest and most recognisable household brands including leading retailers such as Big W, Coles, Dan Murphy's, Hertz, K-Mart, Officeworks, Telstra, Woolworths and even Squash Australia's very own E-Shop.

Members can also receive up to 35% off movie tickets with offers from Birch Carroll & Coyle, Event Cinemas, Hoyts and Village Cinemas. Members will also have the opportunity to save on accommodation and travel companies, which is ideal for those playing in tournaments around the country. Choose from over 15 travel companies to receive discounted gift cards from leading hotels and travel agencies.

This portal allows people to buy either digital or physical gift cards at a discounted rate. Some companies also have the option to redeem offers online at their own website.

Members can also compare services such as energy & gas, insurance, money and telecoms online for free. This concierge service allows a quick and easy, more convenient and effective process in choosing the right provider. Choose from leading providers such as Origin, Energy Australia, AHM, CUA, ANZ, Commonwealth Bank, NAB, Telstra and Optus.

Another great feature of the portal is the chance to earn and redeem points for purchases. The way it works is that every dollar spent is equivalent to 20 points. If a member purchases \$50 worth of products, they will receive 1000 points in return. In order to redeem these points, members need to head to the E-Store tab on the portal for another wide range of products. Your points are then converted into discounts for products. Every 100 points is equal to \$5 off.

Squash Australia is giving everyone the chance to experience the Membership Portal for free until 1st January 2017, when the new affiliation system comes into place. Until then, squash players, coaches, officials, supporters and fans can enjoy all of the benefits that a Squash Australia Membership can offer.



benefits.squash.org.au



New eLearning

Squash Australia is excited to announce the development of an eLearning portal, which will include a range of online courses, exams and learning material available to support the development of coaches, referees, athletes, volunteers and parents. The eLearning platform will help our members excel in their areas, the same way traditional education eLearning platforms are helping students. The portal will afford members a pro-active learning environment and easy access to expert learning content. Here are a range of course you can expect:

Parents

Squash Australia recognises that parents are major drivers and supporters in their child development, and this eLearning portal will provide evidence-based advice on how to best facilitate a child's sporting development.

Coaches

By utilising the eLearning systems, Squash Australia has transformed the Foundation Coach Award which represents the first phase of the coach education eLearning modules. The Foundation Coach Award can now be achieved solely as an online qualification - removing the demand on man power on the ground and speeding up the first level in the FTEM Model.

Referees

Squash in Australia cannot function without our technical officials being up to speed, so the first phase of Referee Education sees the transformation of the Club Referee Award to an online, eLearning platform which now can be utilised by anyone around Australia wanting to be involved in officiating the sport.

Integrity

All members of Squash Australia will be able to access a range of free integrity and anti-doping programmes which contribute to our national sporting integrity. This designated section will provide everyone within the sport essential information around Anti-Doping, Supplements and Banned Substances, Therapeutic Use Exception, Match Fixing and other core integrity issues.

Workforce

The sport sector workforce is made up of all non-playing participants, engaged in both paid and voluntary work. Squash Australia recognises that an effective well-resourced workforce is essential to the development and sustainability of our sport. With this in mind, Squash Australia have created training tools for a variety of different areas of our workforce. These tools are designed to equip participants with the necessary skills to assist with all squash events, competitions and activities. Squash Australia aims to promote open and efficient communication by using tools such as a Customer Relationship Management system, new integrated websites, as well as assisting events teams to be connected and well-resourced through the use of Tournament Software, Live Scoring program, Squash Matrix, and club software.



Booking System



Coach Education



Parent Support



Referee Education



Workforce Education



eLearning.squash.org.au

Brand new squash facility in South Australia

South Australia's Campbelltown Squash Club is going back to the future. The brand new ARC Campbelltown opened in early July in Adelaide.

Adelaide's Campbelltown Squash Club was formed in 1973. In 2003 the original centre that housed Campbelltown Squash was sold for redevelopment forcing the club to relocate to a nearby facility.

The new facility has five brand new squash courts with movable walls that can be made into two doubles courts along with an office and shop for the club and a new function area. Campbelltown's manager Wayne Aspinall says he is extremely happy about the brand new facility. "The club in conjunction with Squash SA has appointed a Development Officer to establish junior programs and build junior, women's, social and racquetball participation".

The centre also includes a swim centre, a five court multi-sport stadium for basketball, netball, futsal and volleyball along with a fully equipped gym, fitness and dance studios.

Wayne's daughter Lauren who is currently the best ranked junior female in the country is also thrilled with the new centre. "I can't express how excited I am to finally have the opportunity to base all of my training in the one centre and to have access to so many great facilities and to have it all in my backyard" said Lauren.

It comes as great timing for the Aspinalls as Lauren prepares to start her senior career.

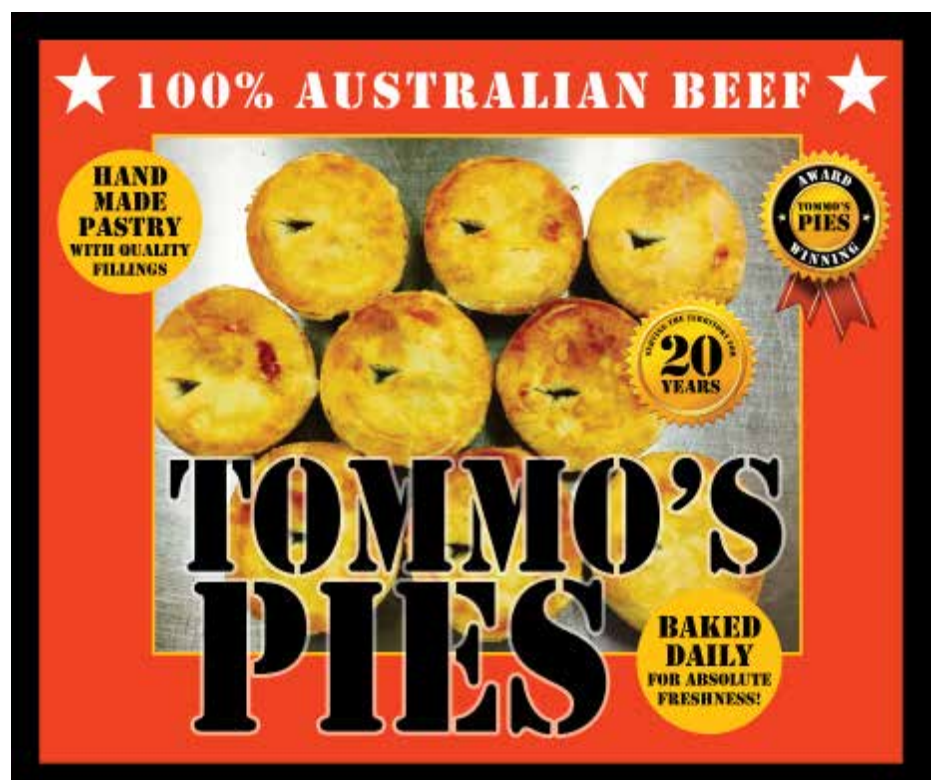
"This is something I've been looking forward to since the start of my junior career, and as my senior career is about to begin, that dream has finally come true". "Having a brand new training base is just one of the many exciting opportunities that I've been offered".

Two big tournaments were staged in the opening week of the new facility. The SA Open commenced on the 12th of July and was won by Tamika Saxby in the women's draw and the men's final was won by French qualifier Vincent Dreesbeke. The SA Junior Age Championships was also held at the centre on the weekend of the 16th and 17th of July.



The club in conjunction with Squash SA has appointed a Development Officer to establish junior programs and build junior, women's, social and racquetball participation".

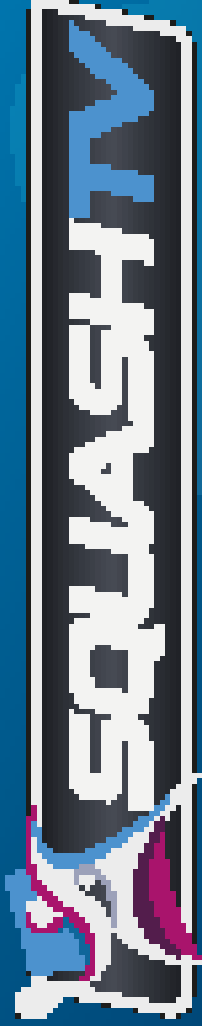
Wayne Aspinall



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Event Calendar

August				
32	2-7 August	Victorian Open - PSA \$30K	PSA	Wheelers Hill, VIC
	6-7 August	Eastside Open	Other	Bellerive, TAS
	7 August	Coffs One Day Enduro - NSW Bronze Event	AJST	Coffs Harbour, NSW
	7 August	Sandgate Junior Timed Event	AJST	Deagon, QLD
33	7-12 August	Australian Open - PSA \$30K	PSA	Melbourne, VIC
	11-12 August	Coaches Workshop	Workshop	Melbourne, VIC
	12 August	Annual Awards Night	Awards	Melbourne, VIC
	13-14 August	Tasmanian Open	Racquetball	Devonport, TAS
	13-14 August	NSW Open Doubles	Doubles	Willoughby, NSW
	17 August	South Australian High School Junior Championships	AJST	SA
34	15-18 August	World Doubles Championships	WSF	Darwin, NT
	18-21 August	Shepparton International	PSA	Shepparton, VIC
	20-21 August	Vikings Junior Challenge	AJST	Erindale, ACT
	20-21 August	Maroochydore Masters	Masters	Maroochydore, QLD
	20-21 August	Central Coast Open	Other	Long Jetty, NSW
	22-23 August	Bondi Junior Open - NSW Bronze Event	AJST	Bondi Junction, NSW
	22-25 August	Trans Tasman School Challenge	AJST	Palmerston North, NZ
35	27-28 August	Bega Open PSA - Graded \$10K	PSA	Tarraganda, NSW
	27-28 August	Scottvale Park Rockhampton Open	Other	North Rockhampton, QLD
	28 August	Naracoorte Juniors SA - SA Silver Event	AJST	Naracoorte, SA
September				
36	1-4 September	North Coast Open - PSA Graded \$10K	PSA	Coffs Harbour, NS
	2-3 September	Next Gen Classic	Other	North Adelaide, SA
	4-16 September	Australian Masters Championships	Masters	Darwin, NT
37	10-11 September	Ballarat Open	Racquetball	Wendouree, VIC
	10-11 September	Macquarie University Open	University	North Ryde, NSW
	11 September	Karadinga Juniors SA - SA Bronze Event	AJST	Modbury, SA
39	24-27 September	Australian Junior Squash Individual Championships	AJST	Sydney, NSW
	25-30 September	Australian University Games	University	Perth, WA
October				
40	29 September - 2 October	Australian Junior Squash Teams Championships	AJST	Sydney, NSW
	1-2 October	Wavell Masters	Masters	Nundah, QLD
	1-2 October	Dubbo City Open	Other	Dubbo, NSW
41	8-15 October	Alice Springs Masters Games	Masters	Alice Springs, NT
42	14-16 October	Australian Racquetball Open	Racquetball	Albury, NSW
	15-16 October	Moura BAF Open	Other	Moura, QLD
	15-16 October	Bathurst Panthers Open	Other	Bathurst, NSW
	17-18 October	Ingham Junior Open - QLD Bronze Event	AJST	Ingham, QLD

October				
43	20 - 23 October	Queensland Open - PSA Graded \$10K	PSA	Nerang, QLD
	22-23 October	Gladstone Junior Open - QLD Bronze Event	AJST	Gladstone, QLD
	22-23 October	Forster Junior Open - NSW Bronze Event	AJST	NSW
	22-23 October	Crookwell Masters	Masters	Crookwell, NSW
	22-23 October	James Street Toowoomba Masters	Masters	Toowoomba, QLD
	23 October	Crows Nest Junior Open	AJST	Crows Nest, QLD
44	27-30 October	Mackay Open - PSA \$10K	PSA	Padget, QLD
	29-30 October	MAASH Open	Other	Sydney, NSW
	30 October	Junior Participation Tournament, Wavell - QLD Bronze Event	AJST	Nundah, QLD
November				
45	4-6 November	Sportsworld Fitness Cairns Squash International 2016	AST	Cairns, QLD
	5-6 November	Lakes Classic	Racquetball	Lakes Entrance, VIC
	5-6 November	Squash Logic Open	Other	Melton, VIC
	5-6 November	ACT Doubles	Other	ACT
46	11-13 November	Brisbane Open	Other	Redcliffe, QLD
	12-13 November	Lane Cove Open 2	Other	Lane Cove, NSW
	13 November	Elanora Junior Open - NSW Bronze Event	AJST	Elanora Heights, NSW
47	18-20 November	VMSA Ballarat Championships	Masters	Ballarat, VIC
	19-20 November	Palm Beach Masters	Masters	Palm Beach, QLD
	19-20 November	South Coast Junior Open - NSW Bronze Event	AJST	NSW
	19-20 November	Parkes Service Doubles 2	Other	Parkes, NSW
	19-20 November	Battle of the Border SA v Vic	Other	SA
	20 November	Junior Participation Tournament - QLD Bronze Event	AJST	Stafford, QLD
48	25-27 November	City of Clarence Squash Open	Other	Clarence, TAS
	26 November	Canberra Cup - Woden, ACT - Bronze Event	AJST	Phillip, ACT
	26-27 November	Dapto Masters	Masters	Dapto, NSW
	26-27 November	Next Generation Open 2	Other	North Adelaide, SA
	26-27 November	Squash Australia AGM	AGM	Brisbane, QLD
December				
49	3-4 December	PCYC Redcliffe Masters	Masters	Redcliffe, QLD
	3-4 December	Crookwell Xmas Doubles	Doubles	Crookwell, NSW
	4 December	Xmas Cup Junior Age - VIC Bronze Event	AJST	Bayswater, VIC
	4 December	Nerang Junior Open - QLD Bronze Event	AJST	Nerang, QLD

Gold Coast 2018

The Gold Coast 2018 Commonwealth Games (GC2018) will be the largest sporting event Australia will see this decade and the biggest sporting spectacular the Gold Coast has ever seen. As the first regional Australian city to ever host a Commonwealth Games, the Gold Coast will shine on the world sporting stage. On 4 April 2018, over 6,000 athletes and team officials from 71 nations and territories will converge on the Gold Coast for an 11-day sporting and cultural event.

Australia is the most successful squash nation in Commonwealth Games history with nine gold medals, one more than England. Australia boasts 30 of the 50 medals that have been available to win since the 1998 Commonwealth Games in Kuala Lumpur.



The Venue

Construction has begun on a 4000 square metre super sound stage at Village Roadshow's Oxenford Studios. Village Roadshow Studios is already a GC2018 venue, hosting the Boxing and Table Tennis competitions and this super stage will transform into a world class Squash venue at Games time. The super stage will be the biggest of its kind in Australia, and is already providing a boost to the international competitiveness of the Queensland screen industry and a lasting economic legacy for Queensland.

The Road to Gold Coast

Team selection is based on results from PSA events and Squash Australia events. Major events leading up to the Commonwealth Games are:

- World Open
- World International Doubles Squash Championships
- Men's World Team Squash Championships
- Women's World Team Squash Championships

Australia's top players currently sit in the top 25 of the world. All of Australia's top senior players have medalled in the last two Commonwealth Games.



Cameron Pilley

Date of Birth: 27/10/1982
Place of Birth: Yamba, Australia
Twitter: @campilley
Website: www.cameronpilley.com

After attending the Australian Institute of Sport on a Squash scholarship, Cameron dedicated himself to being a professional Squash Player and broke into the World's top 20 in 2008. One of his proudest achievements, partnered by Kasey Brown, was to claim a mixed doubles gold medal for Australia at the 2010 Commonwealth Games. Later that same year, he overcame a strong field to triumph at the Dutch Open, beating Laurens Jan Anjema to claim the title.

On three occasions, Cameron has broken the record for hitting a squash ball, his record now stands at a staggering 178 mph. 2014 saw Cameron win a second Commonwealth Games Gold medal, this time alongside David Palmer in the men's doubles.

December 2015 was a momentous month for Cameron Pilley. He reached a final of a PSA World Series event for the first time at the Hong Kong Open and downed World Champion Gregory Gaultier and World No.3 Nick Matthew in the process. In fact, only defending champion and World No.1 Mohamed El Shorbagy could stop Pilley in Hong Kong.

Most recently, Cameron flew the flag for Australia in the PSA Dubai World Series Finals where he pulled off the biggest upset in the PSA Dubai World Series Finals on Friday and sent world number one and odds-on favourite Mohamed El Shorbagy packing in a masterful display. Cameron produced some of his best ever squash throughout the week to become the first Australian since Anthony Ricketts in 2006 to reach the final hurdle at the World Series Finals. Cameron was beaten by world number 2 Gregory Gaultier in the final.



Ryan Cuskelly

Date of Birth: 15/06/1987
Place of Birth: Lismore, Australia
Twitter: @cusk87

Ryan Cuskelly is a prolific PSA World Tour title winner and one of the top Australians on the PSA World Tour.

He joined the PSA World Tour in 2006 and picked up his first title a year later at the Topend Open Series.

His best year was in 2009, where he lifted four PSA World Tour titles to elevate himself into the world's top fifty for the first time in December of that year.

Cuskelly's first PSA M15 title came in November 2011 when he defeated number one seed Shahier Razik in the final, but he topped that achievement with a magnificent performance at the Northern Ontario Open in April 2015, where he stunned Laurens Jan Anjema in the showpiece final.

After winning his first PSA M35 title with victory over Karim Abdel Gawad in the final, Cuskelly moved into the world's top 20 for the first time in the November and he followed that up by reaching his first ever PSA World Series semi-final at the Qatar Circuit. Most recently, Ryan reached the semi-finals at the Houston Open.



Rachael Grinham

Date of Birth: 22/01/1977

Place of Birth: Toowoomba, Australia

Twitter: @rachaelgrinham

Facebook: /Rachael-Grinham

Former World Champion Rachael Grinham is one of the most recognisable names on the PSA World Tour with a lengthy career that has seen her win some of the biggest prizes that the women's game has to offer. She showed her pedigree from a young age, winning the World Junior Championship at the age of 16, before she breached the world's top 20 four years later.

Her first Tour title came at the Toulouse Open in 1998 while she defeated Malaysia superstar Nicol David in the final of the Milo National Open. 2001 saw Grinham break into the top ten in the World Rankings and she participated in the first family final ever on the Tour, defeating sister Natalie to claim the Kuala Lumpur Open title. Two years later, Grinham won the prestigious British Open for the first time by defeating Cassie Jackman in the final, and she retained the title in 2004 while rising to the World No.1 spot.

Grinham was superb in the 2004/05 season and kept her World No.1 ranking for 16 consecutive months. She faced heartbreak though in the 2005 World Championship final as she fell to Nicol David, after beating her sister in the semi-final. 2007 was Grinham's finest year as she gained revenge on David in the final of the British Open, coming back from 2-0 down to lift the event for the third time. Shortly afterwards, she bested her sister yet again to win the World Championship for the first time.

Injury struck later on in her career, as she missed a large portion of the 2010/11 season through injury and subsequently slipped out of the world's top five. She lifted the Victoria Open in 2013 and the Women's Squash Week and Caboolture Open titles followed a year later. Grinham narrowly missed out on retaining the Women's Squash Week in March 2015, but she lost out in the final. Most recently Grinham made it to the quarters at the HKFC International in Hong Kong, where she couldn't get past number 3 seed Joshna Chinappa from India.



Donna Urquhart

Date of Birth: 19/12/1986

Place of Birth: Yamba, Australia

Twitter: @donnasquash

Facebook: /Donna-Urquhart

Donna Urquhart is the cousin of Men's Australian No.1 Cameron Pilley, and is one of the leading female Australians on the PSA World Tour. She excelled at junior level, picking up 5 Australian Junior titles in addition to claiming a runner-up spot at the 2003 British Junior Open.

Her first Tour titles came in 2007, and just three years later she broke into the world's top 20 to sit amongst the elite players in Women's squash. 2012 saw her take the Crocodile Challenge Cup crown, following that success with a title at the Victoria Open two years later.

Eight injury-plagued months on the Tour followed for Urquhart who returned to form with her 9th Tour title at the Seattle Open in March 2015, with a 3-1 victory over Liu Tsz-Ling in the final. In May 2016, Urquhart reached the semi-final of the HKFC International, but found the overall winner Joelle King too good.



Kay Kendall appointment to key role at GOLDOC

Squash Australia is delighted with the appointment of former Brisbane Squash Association President, Kay Kendall, to a key role at the Gold Coast 2018 Commonwealth Games Corporation (GOLDOC). Kendall, who is an avid squash player, will be the GOLDOC Squash Manager for the 2018 Games. She steps into the role on a part-time basis straight away, before taking up the position full time in 2017.

"Squash Australia would like to congratulate GOLDOC in appointing Kay to this role," Squash Australia CEO, Richard Vaughan, said. "It's very reassuring for everyone involved in squash in Australia to know we have someone so passionate and knowledgeable about the sport looking after our best interests. Australian squash has such a proud history at the Commonwealth Games, including

winning two gold medals in Glasgow in 2014, so we know Kay will leave no stone unturned in making sure GC2018 will be a memorable event."

GOLDOC's Head of Sport, Anita Palm, has extended a warm welcome to Kay. "The GOLDOC Sport team is very excited about Kay's appointment. Kay clearly has a wealth of squash experience and is the ideal candidate to manage the delivery of the GC2018 squash competition," she said.

Australia is the most successful squash nation in Commonwealth Games history with nine gold medals, one more than England. The GC2018 Squash competition will be held at Oxenford Studios, along with the Boxing and Table Tennis competitions.

SHARE THE DREAM

Every athlete has a dream.

A dream of marching into the stadium.

A dream of meeting and perhaps even beating their idols.

A dream of standing on a podium with a medal around their neck, as their flag is raised and their anthem is sung. It's a dream that sustains them through years of committed training, painful injuries and periods of self-doubt.

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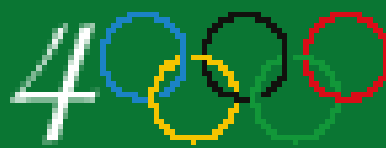
SQUASH AUSTRALIA

Australia has
been the top
placed team
6 TIMES



Squash ranked **4th** in the
medal winning table for
Australia at the Comm-
wealth Games from medals
available so far

Australia is the **most successful
squash nation** in Commonwealth
Games history with nine gold medals,
one more than England.



players registered to take part in the World Squash Day Challenge, which
demonstrated **global support for the sport's 2020 Olympic bid**. More than
800 clubs from over **70** nations joined in, with players representing Team
Squash and Team 2020



Geoff Hunt
was World
Champion
7 times
and won
**8 British
Open titles**



Heather McKay

Heather McKay (Australia) was
possibly the **most dominant
sponsor** in history. She only
lost two matches in her career
and was **unbeaten from 1982
to 1984**.



Australia won **22**
world titles between
1970 and 2007

Cameron Pilley



world speed
record in 2011
175mph

17 Australian World
Champions since 1876

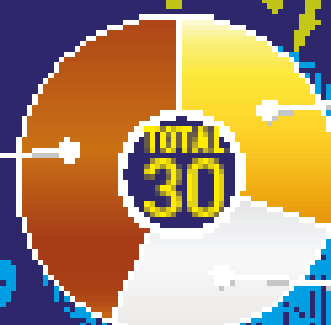
Australia has won **30 medals** in
Commonwealth Games since 1998

23rd
Most popular
sport in the
world

30/50

medals were won at the
Commonwealth Games
since 1998

France
13

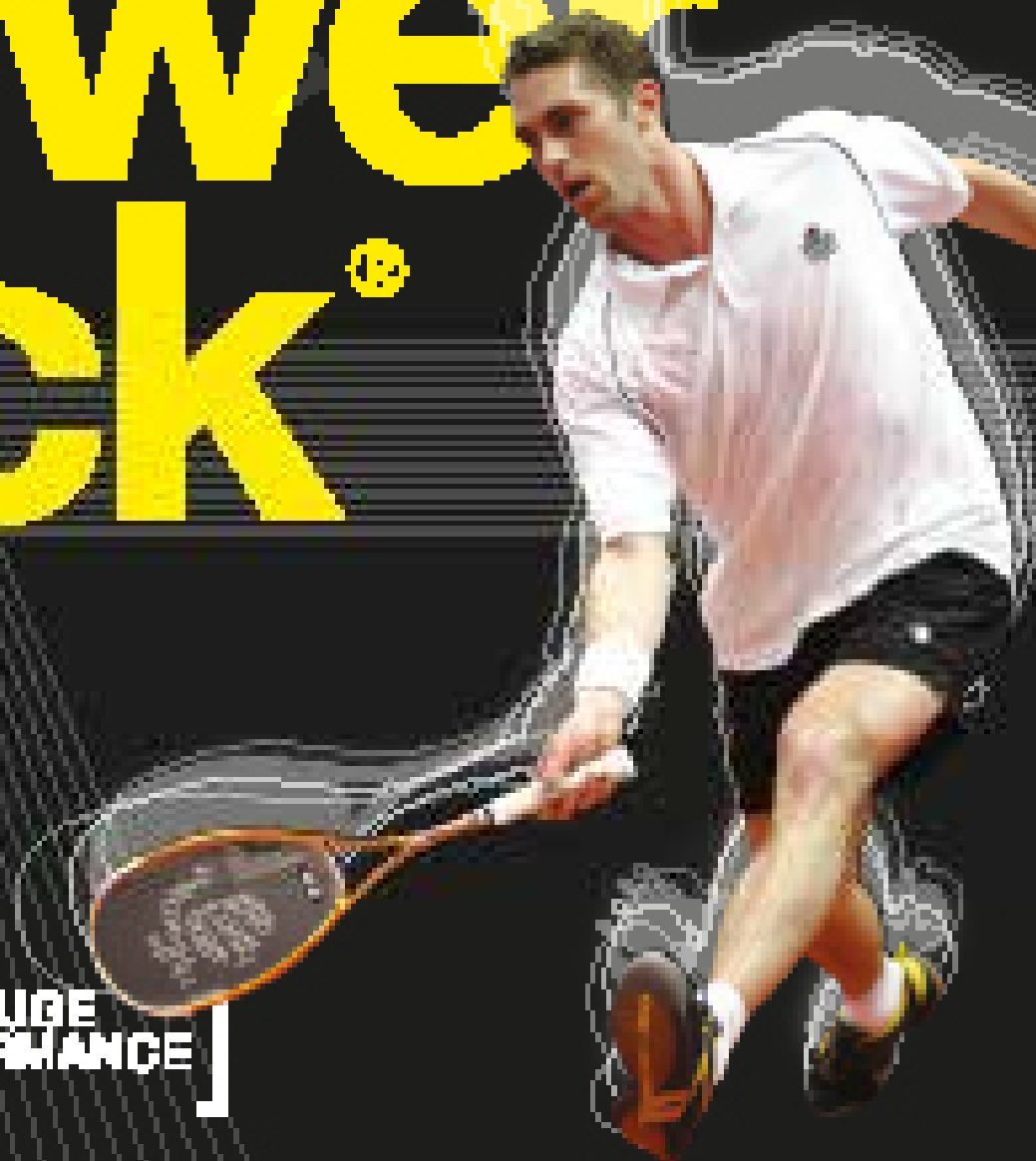


Gold
9

Silver
8

Total medals won by Squash Aus at
the Commonwealth Games since 1998

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